



Commanding Generals Mess
Breakfast
0730-0930
\$3.45/\$2.60



Breakfast Menu

Grilled Fried Eggs

Scrambled Eggs

Cooked Eggs

Oven Fried Bacon

Sausage Patties

Corned Beef Hash

Cream Gravy

Biscuits

Side Items

HashBrowns

Pancakes or French Toast

Grits/ Oatmeal

Asst. Breakfast Pastries

Fitness & Juice Bar

Asst. Milk

Asst. Cereal

Fresh Fruit



Menu Subject to Change



Commanding Generals Mess

Lunch

2 AUG 16

1130-1300

\$5.55/\$4.20



Lunch Menu

Main Entrées

Herbed Baked Chicken

BBQ Ribs

Yankee Pot Roast

Noodles Jefferson

Paprika Buttered Potatoes

Broccoli Polonaise

Steamed Carrots

Brown Gravy

Short Order

Grilled Hamburger

Grilled Cheese Burger

Hot Dogs

Grilled Cheese

Ravioli

Chili Con Carne

French fries

Salad & Dessert Bar

Potato Salad

Cole Slaw w/ Vinegar Dressing

Asst Kimchi

Asst Fruits

Asst Pastries





Commanding Generals Mess

Lunch

3 AUG 16

1130-1300

\$5.55/\$4.20



Lunch Menu

Main Entrées

Chicken Fajitas

Beef Enchiladas

Mexican Baked Chicken

Mexican Rice

Refried Beans

Calico Corn

Herbed Green Beans

Chili Gravy

Short Order

Grilled Hamburger

Grilled Cheese Burger

Hot Dogs

Grilled Cheese

Ravioli

Chili Con Carne

French fries

Salad & Dessert Bar

Mexican Cole Slaw

Three Bean Salad

Asst Kimchi

Asst Fruits

Asst Pastries





Commanding Generals Mess

Lunch

4 AUG 16

1130-1300

\$5.55/\$4.20



Lunch Menu

Main Entrées

Chicken Parmesan

Baked Italian Sausage

Spinach Lasagna

Rice w/ Parmesan Cheese

Parsley Buttered Potatoes

Seasoned Cauliflower

French Style Green Beans

Garlic Bread

Short Order

Grilled Hamburger

Grilled Cheese Burger

Hot Dogs

Grilled Cheese

Ravioli

Chili Con Carne

French fries

Salad & Dessert Bar

Pasta Salad

Waldorf Salad

Asst Kimchi

Asst Fruits

Asst Pastries



Menu Subject to Change



Commanding Generals Mess

Lunch

5 AUG 16

1130-1300

\$5.55/\$4.20



Lunch Menu

Main Entrées

Beef and Broccoli

Vegetarian Stir Fry/Calrose rice

Sweet Sour Chicken

Fried Rice

Jefferson Noodles

Fried Cabbage

Seasoned Corn

Sweet & Sour Sauce

Short Order

Grilled Hamburger

Grilled Cheese Burger

Hot Dogs

Grilled Cheese

Ravioli

Chili Con Carne

French fries

Salad & Dessert Bar

Potato Salad

Cucumber and Onion Salad

Fruit Medley

Asst Kimchi

Asst Fruits

Asst Pastries



Menu Subject to Change



Commanding Generals Mess

Lunch

8 AUG 16

1130-1300

\$5.55/\$4.20



Lunch Menu

Main Entrées

Beef Stew

Stuffed Baked Fish

Fried Chicken

Scalloped Potatoes

Rice Pilaf

Corn on a Cob

Steamed Green Beans

Giblet Gravy

Short Order

Grilled Hamburger

Grilled Cheese Burger

Hot Dogs

Grilled Cheese

Ravioli

Chili Con Carne

French fries

Salad & Dessert Bar

Creamy Cole Slaw

German Tomato Salad

Asst Kimchi

Asst Fruits

Asst Pastries



Menu Subject to Change



Commanding Generals Mess

Lunch

9 AUG 16

1130-1300

\$5.55/\$4.20



Lunch Menu

Main Entrées

Teriyaki Chicken
Shrimp Fried Rice
Beef Broccoli
Fried Rice
Parsley Potatoes
Fried Cabbage
Cauliflower Polonaise
Mushroom Gravy

Short Order

Grilled Hamburger
Grilled Cheese Burger
Hot Dogs
Grilled Cheese
Ravioli
Chili Con Carne
French fries

Salad & Dessert Bar

Waldorf Salad
Cucumber and Onion Salad
Asst Kimchi
Asst Fruits
Asst Pastries



Menu Subject to Change



Commanding Generals Mess

Lunch

10 AUG 16

1130-1300

\$5.55/\$4.20



Lunch Menu

Main Entrées

Chicken Fajitas

Beef Enchiladas

Mexican Baked Chicken

Mexican rice

Refried Beans

Spanish Corn

Green Bean Combo

Chili Gravy

Short Order

Grilled Hamburger

Grilled Cheese Burger

Hot Dogs

Grilled Cheese

Ravioli

Chili Con Carne

French fries

Salad & Dessert Bar

Mexican Cole slaw

Three Bean salad

Asst Kimchi

Asst Fruits

Asst Pastries



Menu Subject to Change



Commanding Generals Mess

Lunch

11 AUG 16

1130-1300

\$5.55/\$4.20



Lunch Menu

Main Entrées

Spinach Lasagna

Lasagna

Spaghetti w/ sauce

Rice Parmesan

Potato Wedges

Glazed Carrots

Steamed Cauliflower

Garlic Bread

Short Order

Grilled Hamburger

Grilled Cheese Burger

Hot Dogs

Ravioli

Chili Con Carne

French fries

Salad & Dessert Bar

Italian Pasta salad

Macaroni Salad

Asst Kimchi

Asst Fruits

Asst Pastries



Menu Subject to Change



Commanding Generals Mess

Lunch

12 AUG 16

1130-1300

\$5.55/\$4.20



Lunch Menu

Main Entrées

Swiss Steak w/ Brown Gravy

Oven Baked Chicken

Baked Fish w/ Garlic Butter

Noodles Jefferson

Rissole Potatoes

Peas

Succotash

Brown Gravy

Short Order

Grilled Hamburger

Grilled Cheese Burger

Hot Dogs

Grilled Cheese

Ravioli

Chili Con Carne

French fries

Salad & Dessert Bar

Three Bean Salad

Creamy Cole Slaw

Asst Kimchi

Asst Fruits

Asst Pastries



Menu Subject to Change