



Muleskinner Dining Facility 7 Day Menu



Muleskinner DFAC Menu

	1-June WEDNESDAY	2-June THURSDAY	3-June FRIDAY	4-June SATURDAY	5-June SUNDAY	6-June MONDAY	7-June TUESDAY
BRK	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily 	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily 	Scrambled Eggs Boiled Eggs Biscuits Creamed Beef Omelets Sausage Patty Oatmeal Pancakes 	Scrambled Eggs Boiled Eggs Biscuits Creamed Beef Omelets Bacon Grits French Toast	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily 
LUN	Beef Or Turkey Fajitas Shrimp Scampi Thak Kang Jung Lyonnaise Potatoes Orzo With Lemon & Herbs French Style Green Beans Honey Dijon Vegetables Asparagus	BBQ Spareribs BBQ Chicken Southern Fried Catfish Baked Macaroni & Cheese Hopping John Sweet Potatoes Corn On The Cob Collard Greens Corn Bread Potato Salad	Spicy Baked Pollock Italian Rice & Beef Italian Broccoli Pasta Lyonnaise Potatoes Kimchi Yakimundo Cauliflower Au Gratin Collard Greens Cauliflower	Roast Pork Chicken Cordon Bleu Orange Rice Paprika Potatoes Sweet Peas Vegetable Stir Fry 	Spicy Pork W/ Kimchi Chicken Gravy Roast Turkey Chicken & Rice Cornbread Stuffing Steamed Brown Rice Corn Green Beans	Thak Kang Jung Teriyaki Beef Strips Oven Baked Chicken Rice Pilaf Buttered Egg Noodles Peas & Carrots Broccoli	Oven Baked Pollock Beef Stroganoff 5 Spice Chicken Mashed Potatoes Lyonnaise Rice Cauliflower Brussel Sprouts
	Meatloaf Chicken Tetrizzini Tossed Green Rice Mashed Potatoes Peas Corn	Turkey Ala King Baked Pollock Steamed Rice Buttered Pasta Mixed Vegetable Cauliflower	Teriyaki Chicken Veal Parmesan Buttered Potatoes Rice Pilaf Glazed Carrots Green Beans Brown Gravy	Baked Pollock Chili Macaroni Corn O'Brien Vegetable Stir Fry Steamed Rice Oven Browned Potatoes	Sweet & Sour Chicken Roast Pork Loin Jhap Chae Fried Rice Broccoli Parmesan Peas & Carrots	Yakisoba Roast Turkey Mashed Potatoes Tossed Green Rice Green Beans Mixed Vegetables	Pork Adobo Lemon Baked Pollock Buttered Potatoes Steamed Rice Glazed Carrots Spinach

Breakfast: MON - FRI 0730-0930

Saturday & Sunday Hours

Offered Daily- Omelets made to order, Fresh Assorted Fruits

**Menus are subject to change*

Lunch: MON-FRI 1130-1330

Brunch: 09:30 – 1300

Offered Daily- Fresh Fruit, Salad Bar, Sandwich Bar, Specialty Bar Short Order, Assorted Pastries , Kimchi Bar

Dinner: MON- FRI, 1630-1830

Supper: 1600 - 1800

Offered Daily- Fresh Fruit, Salad Bar, Sandwich Bar, Short Order, Assorted Pastries, Kimchi Bar



Muleskinner Dining Facility 7 Day Menu



Muleskinner DFAC Menu

	8-June WEDNESDAY	9-June THURSDAY	10-June FRIDAY	11-June SATURDAY	12-June SUNDAY	13-June MONDAY	14-June TUESDAY
BRK	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily 	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily 	Scrambled Eggs Boiled Eggs Biscuits Creamed Beef Omelets Sausage Patty Oatmeal Pancakes	Scrambled Eggs Boiled Eggs Biscuits Creamed Beef Omelets Bacon Grits French Toast 	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily 
LUN	Sweet & Sour Pork Cajun Meatloaf Baked Cod Fried Rice Jhap Chae Roasted Pepper Potatoes Steamed Cabbage Mixed Vegetables	BBQ Spare Ribs BBQ Chicken Southern Fried Chicken Baked Macaroni And Cheese Hopping John Sweet Potatoes Collard Greens Corn On The Cob Corn Bread	Turkey Cutlet Italian Rice And Beef Pasta Primavera Kimchi Fried Rice Mashed Potatoes Cauliflower Broccoli Chicken Gravy Hot Rolls	Beef Stew Roast Turkey Steamed Rice Rissole Potatoes Corn Green Beans	Pepper Steak Oven Baked Pollock Mashed Potatoes Cabbage Mixed Vegetables Hot Rolls	BBQ Spare Ribs Turkey Fajitas Ham & Vegetable Fried Rice Mashed Potatoes Buttered Noodles Collard Greens Cauliflower	Honey Ginger Chicken Grilled Ham Steak Vegetable Egg Rolls Steamed Brown Rice Franconia Potatoes Kimchi Yaki-Mundo Green Beans Vegetable Stir Fry 
	Teriyaki Chicken Veal Parmesan Buttered Potatoes Rice Pilaf Glazed Carrots Green Beans Brown Gravy	Baked Pollock Chili Mac Corn O Brien Vegetable Stir Fry Steamed Rice Oven Browned Potatoes	Roast Turkey Yakisoba Oven Glow Potatoes Rice Pilaf Carrots Green Beans	Ham Steak Fried Chicken Mashed Potatoes Steamed Rice Collard Greens Corn	Pineapple Chicken Lemon Baked Pollock Dirty Rice Lyonnaise Potatoes Mixed Vegetables Cabbage	Meatloaf Oven Baked Chicken Tossed Green Rice Buttered Potatoes English Peas Corn	Turkey Ala King Baked Pollock Mixed Vegetables Steamed Rice Buttered Pasta Cauliflower

Breakfast: MON - FRI 0730-0930

Saturday & Sunday Hours

Offered Daily- Omelets made to order, Fresh Assorted Fruits

**Menus are subject to change*

Lunch: MON-FRI 1130-1330

Brunch: 09:30 – 1300

Offered Daily- Fresh Fruit, Salad Bar, Sandwich Bar, Specialty Bar Short Order, Assorted Pastries , Kimchi Bar

Dinner: MON- FRI, 1630-1830

Supper: 1600 - 1800

Offered Daily- Fresh Fruit, Salad Bar, Sandwich Bar, Short Order, Assorted Pastries, Kimchi Bar



Muleskinner Dining Facility 7 Day Menu



Muleskinner DFAC Menu

	15-June WEDNESDAY	16-June THURSDAY	17-June FRIDAY	18-June SATURDAY	19-June SUNDAY	20-June MONDAY	21-June TUESDAY
BRK	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily	Scrambled Eggs Boiled Eggs Biscuits Creamed Beef Omelets Sausage Patty Oatmeal Pancakes	Scrambled Eggs Boiled Eggs Biscuits Creamed Beef Omelets Bacon Grits French Toast	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily
							
LUN	Thalk Bo Kim BBQ Meatloaf Spinach Tortellini Brown Rice Mashed Potatoes Peas And Carrots Green Beans	BBQ Spare Ribs BBQ Chicken Southern Fried Chicken Baked Macaroni And Cheese Hopping John Sweet Potatoes Collard Greens Corn On The Cob Corn Bread	Pepper Steak Vegetable Lasagna Baked Tuna And Noodles Fried Rice Lyonnaise Potatoes Lima Beans Carrots	Breaded Pork Chops Roast Turkey Paprika Potatoes Steamed Brown Rice Sweet Peas Corn	Roast Pork Chicken And Rice Cornbread Stuffing Orange Rice Vegetable Stir Fry Green Beans	Creole Macaroni Szechwan Chicken Vegetable Pizza Noodles Jefferson Oven Browned Potatoes Herbed Broccoli Orange Style Cabbage	Ribs Enchiladas Chipper Perch Fried Rice Baked Macaroni And Cheese Green Beans Squash And Carrot Medley Brown Gravy
							
	Teriyaki Chicken Veal Parmesan Buttered Potatoes Rice Pilaf Glazed Carrots Green Beans Brown Gravy	Baked Pollock Chili Mac Corn O Brien Vegetable Stir Fry Steamed Rice Oven Browned Potatoes	Roast Turkey Yakisoba Oven Glow Potatoes Rice Pilaf Carrots Green Beans	Ham Steak Fried Chicken Mashed Potatoes Steamed Rice Collard Greens Corn	Pineapple Chicken Lemon Baked Pollock Dirty Rice Lyonnaise Potatoes Mixed Vegetables Cabbage	Meatloaf Oven Baked Chicken Tossed Green Rice Buttered Potatoes English Peas Corn	Turkey Ala King Baked Pollock Mixed Vegetables Steamed Rice Buttered Pasta Cauliflower

Breakfast: MON - FRI 0730-0930

Saturday & Sunday Hours

Offered Daily- Omelets made to order, Fresh Assorted Fruits

**Menus are subject to change*

Lunch: MON-FRI 1130-1330

Brunch: 09:30 – 1300

Offered Daily- Fresh Fruit, Salad Bar, Sandwich Bar, Specialty Bar Short Order, Assorted Pastries , Kimchi Bar

Dinner: MON- FRI, 1630-1830

Supper: 1600 - 1800

Offered Daily- Fresh Fruit, Salad Bar, Sandwich Bar, Short Order, Assorted Pastries, Kimchi Bar



Muleskinner Dining Facility 7 Day Menu



Muleskinner DFAC Menu

	22-June WEDNESDAY	23-June THURSDAY	24-June FRIDAY	25-June SATURDAY	26-June SUNDAY	27-June MONDAY	28-June TUESDAY
BRK	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily 	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily 	Scrambled Eggs Boiled Eggs Biscuits Creamed Beef Omelets Sausage Patty Oatmeal Pancakes	Scrambled Eggs Boiled Eggs Biscuits Creamed Beef Omelets Bacon Grits French Toast	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily
LUN	Beef Or Turkey Fajitas Shrimp Scampi Thak Kang Jung Lyonnaise Potatoes Orzo With Lemon & Herbs French Style Green Beans Honey Dijon Vegetables Asparagus	BBQ Spareribs BBQ Chicken Southern Fried Catfish Baked Macaroni & Cheese Hopping John Sweet Potatoes Corn On The Cob Collard Greens Corn Bread Potato Salad	Spicy Baked Pollock Italian Rice & Beef Italian Broccoli Pasta Lyonnaise Potatoes Kimchi Yaki-Mundo Cauliflower Au Gratin Collard Greens Cauliflower	Roast Pork Chicken Cordon Bleu Orange Rice Paprika Potatoes Sweet Peas Vegetable Stir Fry 	Spicy Pork W/ Kimchi Chicken Gravy Roast Turkey Chicken & Rice Cornbread Stuffing Steamed Brown Rice Corn Green Beans	Thak Kang Jung Teriyaki Beef Strips Oven Baked Chicken Rice Pilaf Buttered Egg Noodles Peas & Carrots Broccoli	Oven Baked Pollock Beef Stroganoff 5 Spice Chicken Mashed Potatoes Lyonnaise Rice Cauliflower Brussel Sprouts
	Meatloaf Chicken Tetrizzini Tossed Green Rice Mashed Potatoes Peas Corn	Turkey Ala King Baked Pollock Steamed Rice Buttered Pasta Mixed Vegetable Cauliflower	Teriyaki Chicken Veal Parmesan Buttered Potatoes Rice Pilaf Glazed Carrots Green Beans Brown Gravy	Baked Pollock Chili Macaroni Corn O'Brien Vegetable Stir Fry Steamed Rice Oven Browned Potatoes	Sweet & Sour Chicken Roast Pork Loin Jhap Chae Fried Rice Broccoli Parmesan Peas & Carrots	Yakisoba Roast Turkey Mashed Potatoes Tossed Green Rice Green Beans Mixed Vegetables	Pork Adobo Lemon Baked Pollock Buttered Potatoes Steamed Rice Glazed Carrots Spinach

Breakfast: MON - FRI 0730-0930

Saturday & Sunday Hours

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Lunch: MON-FRI 1130-1330

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Dinner: MON- FRI, 1630-1830

Supper: 1600 - 1800

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Muleskinner Dining Facility 7 Day Menu



Muleskinner DFAC Menu

	29-June WEDNESDAY	30-june THURSDAY	1-July FRIDAY	2-July SATURDAY	3-July SUNDAY	4-July MONDAY	5-July TUESDAY
BRK	Boiled Eggs, Fried Eggs, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal	Boiled Eggs, Fried Eggs, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal	Boiled Eggs, Fried Eggs, And Omelets To Order, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal, Fresh Fruit Offered Daily	Boiled Eggs, Fried Eggs, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal	Boiled Eggs, Fried Eggs, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal	Boiled Eggs, Fried Eggs, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal	Boiled Eggs, Fried Eggs, Bacon, Sausage, Creamed Beef, Corned Beef Hash, Hash Browns, Pancakes, French Toast, Waffles, Cereal
							
LUN	Five Spice Chicken Pork Adobo Beef Bulgogi Yaki Mando Fried Rice Chinese Mixed Vegetables Chinese Fried Cabbage Lo Main Noodle Hot Rolls Mongolian Bar	Fried Catfish Fried Chicken BBQ Spareribs BBQ Chicken Ham Hock Corn On The Cob Collard Greens Fried Okra Hopping John Candied Sweet Potatoes Mac And Cheese Corn Bread Wing Bar	Roast Beef Caribbean Chicken Breast Shrimp Scampi Crab Legs Potatoes Au Gratin Steam Rice Corn On The Cob Asparagus Hot Dog Bar	Pepper Steak Baked Chicken Toss Green Rice Parsley Buttered Potatoes Steamed Cabbage Summer Squash Hot Rolls	Lemon Baked Pollock Pork Bulgogi Peas & Carrots Steamed Rice Onion & Cucumber Salad Tossed Garden Salad Mashed Potatoes Hot Rolls	Spaghetti W/ Meat Sauce Italian Sausage Chicken Parmesan Lasagna Roasted Garlic Potatoes Rice Pilaf Tangy Spinach Orange Carrot Amandine Garlic Bread Pizza Bar	Mexican Chicken Beef Enchiladas Beef Tacos Spanish Rice Refried Beans Mexican Corn Green Beans Jalapeno Corn Bread Kimchi Soup Chipotle Bar
							
	Sweet And Sour Pork Chops Swiss Steak/ Brown Gravy Baked Chicken And Rice Steamed Brown Rice Mixed Vegetables Brussels Sprouts Pinto Beans Hot Rolls Cannonball Sandwich	Lemon Baked Pollock Beef Cordon Bleu Roast Turkey O Brien Potatoes Steam Rice Seasoned Carrots Herbed Broccoli Hot Rolls Italian Sausage Sandwich	Chicken Cordon Bleu Shepard's Pie Roast Pork Loin Buttered Egg Noodles Long Grain Wild Rice Glazed Carrots Peas W/ Mushrooms Hot Rolls Grilled Reuben Sandwich	Chicken Parmesan Herbed Baked Fish Roast Turkey Corn Bread Dressing Buttered Egg Noodles Peas And Carrots Mixed Vegetables Green Beans Hot Rolls	Savory Baked Chicken Chili Mac Candied Spare Ribs Mashed Potatoes Jefferson Noodles Corn Obrien Steamed Broccoli Tossed Garden Salad Hot Rolls Kimchi Soup	Tamale Pie Roast Pork Chicken Vega Lyonnaise Rice Glazed Carrots Peas And Mushrooms Obrien Potatoes Hot Rolls Philly Cheese Steak	Braised Beef And Noodles Sweet And Sour Pork Chops Pineapple Chicken Rice W/ Parmesan Cheese Broccoli Polonaise Paprika Buttered Potatoes Cauliflower Combo Cornbread BBQ Pull Pork Sandwich

Breakfast: MON - FRI 0730-0930

Saturday & Sunday Hours

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Lunch: MON-FRI 1130-1330

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Offered Daily- Fresh Fruit, Salad Bar, Sandwich Bar, Specialty Bar Short Order, Assorted Pastries , Kimchi Bar

Dinner: MON- FRI, 1630-1830

Supper: 1600 - 1800

Offered Daily- Fresh Fruit, Salad Bar, Sandwich Bar, Short Order, Assorted Pastries, Kimchi Bar