

# JUNE 2016

**PROVIDER GRILL DINING FACILITY**

\*MEALS ARE SUBJECT TO CHANGE/ DEPENDING ON RATIONS AVAILABILITY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<p>1 <b>Menu 104</b> <b>Menu Day #1</b> Teriyaki Chicken Spaghetti w meat sauce Caribbean Flounder Ham and Veg Fried rice Jalapeño corn bread Mashed Potatoes Glazed Carrots</p>	<p>2 <b>Menu 105</b> Chicken Gumbo Soup New England Clam Chowder Southern Fried Catfish Baked Chicken BBQ Chicken Southern Fried Chicken Steamed Brown Rice Baked Mac n Cheese Collard Greens Okra Sweet Potatoes/ Blackeye Peas</p>	<p>3 <b>Menu Day #106</b> <b>Menu Day #3</b> Braised Beef and noodles Shrimp Fried Rice Vegetable Pizza Oven Browned Potatoes Tofu with fried kimchi Cauliflower Combo Mustard Greens</p>	<p>4 <b>Menu Day#6</b> <b>Menu Day #4</b> Sweet and Sour Pork Chops Vegetable Lasagna Fried Catfish Steamed Brown Rice Mixed Vegetables Brussel Sprouts Pinto Beans</p>
<p>5 <b>Menu Day #7</b> Omelet/Boiled Egg/Pancakes/ Bacon/Hominy Grits/Creamed Beef/Biscuits/Hash Browned Potatoes Kimchi soup/Vegetable Soup Glazed Ham Loaf Buffalo Chicken Paprika Buttered Potatoes/ Steamed Rice Cauliflower/Succotash</p>	<p>6 <b>Menu Day 114</b> Mexican Corn Soup Cream of Mushroom Mexican Pork Chops Tacos Beef/ Chicken Enchiladas Parsley Buttered Potatoes Mexican Rice Mexican Mixed Vegetables Mexican Corn</p>	<p>7 <b>Menu Day 116</b> Minestrone Soup Cream of Broccoli Lasagna/ Spinach Lasagna Spaghetti w/ meat sauce Szechwan Chicken Garlic Parmesan Potatoes Steamed Brown Rice Green Beans/ Summer Squash Garlic Bread</p>	<p>8 <b>Menu Day #118</b> Onion Soup Kimchi Soup Beef &amp; Broccoli Fried Pork Kimchi DAK BO Kum Oven Brown Potatoes Steamed Rice Seasoned Mixed Vegetables Seasoned Broccoli</p>	<p>9 <b>Menu Day #120</b> Chicken Gumbo Soup/New Eng- land Clam Chowder BBQ Chicken/Fried Chicken/ Baked Chicken BBQ Pork Spareribs/Southern Fried Catfish Baked Marconi Cheese/Corn Muffin/Black Eyed Peas/Glazed Sweet Potatoes Okra&amp;Tomato Gumbo/Steamed Brown Rice</p>	<p>10 <b>Menu Day #122</b> Chicken Rice Soup Beef Vegetable Soup Baked Chicken/ Honey Glazed Ham Roast Turkey Savory Bread Dressing Paprika Buttered Potatoes Steamed Rice Buttered Corn Seasoned Carrots</p>	<p>11 <b>Menu Day #13</b> Omelet/Boiled Egg/Pancakes/Bacon/ Hominy Grits/Creamed Beef/Biscuits/ Hash Browned Potatoes Vegetable Soup/Cream of Potato Soup New England Boiled Dinner Fried Chicken/Baked Chicken/Ham Scalloped Potatoes/Steamed Rice Seasoned Corn/Creamed Peas</p>
<p>12 <b>Menu Day #14</b> Omelet/Boiled Egg/French Toast/ Bacon Biscuits/Hominy Grits/Creamed Beed Hashed Brown Potatoes Minestrone Soup/Kimchi Soup Yankee Pot Roast/Ham Mashed Potatoes/Steamed Rice Glazed Carrots/Summer Squash</p>	<p>13 <b>Menu Day #15</b> Mexican Corn Soup/Cream of Mushroom Beef Enchiladas/Chicken Fajitas Mexican Pork Chops/Tacos Parsley Buttered Potatoes/ Mexican Rice Mexican Mixed Vegetables/ Mexican Corn</p>	<p>14 ARMY BIRTHDAY <b>Zesty Bean Soup</b> <b>Steak</b> <b>Shrimp Linguine</b> <b>BBQ Pork Spareribs</b> <b>Creole Chicken</b> <b>Salmon</b> <b>SteamShip Round</b> <b>Brown Rice</b> <b>Sweet Potatoes</b> <b>Corn on the Cob</b> <b>Green Bean Casserole</b> <b>Italian Baked Beans</b></p>	<p>15 <b>Menu Day #17</b> Onions Soup/Kimchi Soup Beef &amp; Broccoli/Fried Pork Kimchi DAK Bo Kum Oven Browned Potatoes/ Steamed Rice Seasoned Mixed Vegetables Broccoli</p>	<p>16 <b>Menu Day #18</b> England Clam Chowder BBQ Chicken/Fried Chicken/ Baked Chicken BBQ Pork Spareribs/Southern Fried Catfish Baked Marconi Cheese/Corn Muffin/Black Eyed Peas/Glazed Sweet Potatoes Okra&amp;Tomato Gumbo/Steamed Brown Rice Southern Style Greens/Fried</p>	<p>17 <b>Menu Day #19</b> Chicken Rice Soup/Beef Vegetable Soup Baked Chicken/Honey Glazed Ham Roast Turkey/Savory Bread Dressing Paprika Buttered Potatoes/Steamed Rice Buttered Corn Seasoned Corn</p>	<p>18 <b>Menu Day #20</b> Omelet/Boiled Egg/Pancakes/Bacon/ Hominy Grits/Creamed Beef/Biscuits/ Hash Browned Potatoes Kimchi soup/Cream of Potato Soup Peppered Steak/Ham Slice Mashed Potatoes/Steamed Rice Seasoned Mixed Vegetables/Seasoned Wax Beans</p>
<p>19 <b>Menu Day #21</b> Omelet/Boiled Egg/French Toast/ Bacon Biscuits/Hominy Grits/Creamed Beed Hashed Brown Potatoes French Onion Soup/Kimchi Soup Swiss Steak with Tomato Soup O'Brien Potatoes/Filipino Rice Seasoned Cauliflower</p>	<p>20 <b>Menu Day #22</b> Thalk Bo-kum (Chicken) BBQ Meat Loaf Spinach Tortellini Marinara Spicy Brown Rice Pilaf Mashed Potatoes Peas carrots amandine Green Beans combo Steamed Brown Rice Hot Rolls</p>	<p>21 <b>Menu Day #23</b> Lemon &amp; Herb Turkey Fillets Shrimp Jambalaya Spicy Pork w/Kimchi Jhap Chae Steamed Egg Casserole Baked Sweet Potatoes Mixed Vegetables Steamed Broccoli Turkey Gravy Hot Rolls</p>	<p>22 <b>Menu Day #24</b> Mexican Pepper Steak Vegetable Lasagna Baked Tuna &amp; Noodles Ham and Veg Fried rice Oven Browned Potatoes Seasoned Lima Beans Carrot Strips Brown Gravy Garlic Bread</p>	<p>23 <b>Menu Day #25</b> England Clam Chowder BBQ Chicken/Fried Chicken/ Baked Chicken BBQ Pork Spareribs/Southern Fried Catfish Baked Marconi Cheese/Corn Muffin/Black Eyed Peas/Glazed Sweet Potatoes Okra&amp;Tomato Gumbo/Steamed Brown Rice</p>	<p>24 <b>Menu Day #26</b> Creole Chicken Teriyaki Beef Strips Bibimbop Steamed Brown Rice Potatoes &amp; Herbs Japanese Vegetable Stir Fry Kimchi Jeon Chicken Gravy Steamed Egg Casserole Hot Rolls</p>	<p>25 <b>Menu Day #27</b> Cantonese Pork Loin Country Style Steak Vegetable Egg Rolls (Small) Spring Garden Rice Mashed Potatoes French Style Green Beans Cauliflower Combo Brown Gravy Hot Rolls</p>
<p>26 <b>Menu Day #28</b> Honey Glazed Cornish Hens Hamburger Yakisoba Vegetarian Burrito Franconia Potatoes Brown Rice with Tomatoes Seasoned Carrots Succotash</p>	<p>27 <b>Menu Day #29</b> Pork Bulgogi Bombay Chicken Cheese Tortellini Marinara Jhap Chae Mashed Potatoes Steamed Brown Rice Peas &amp; Carrots</p>	<p>28 <b>Menu Day #30</b> Oven Fried Fish Spinach Lasagna Cheese Fajitas Mashed Potatoes Steamed Broccoli Squash &amp; Carrot Medley Mexican corn</p>	<p>29 <b>Menu 100</b> Cream of Mushroom Mexican Onion Corn Soup Chicken Enchiladas Tacos Beef Fajitas Mexican Chicken Mexican Rice</p>	<p>30 <b>Menu Day #2</b> England Clam Chowder BBQ Chicken/Fried Chicken/ Baked Chicken BBQ Pork Spareribs/Southern Fried Catfish Baked Marconi Cheese/Corn Muffin/Black Eyed Peas/Glazed</p>	<p>1 July Minestrone Soup Cream of Broccoli Spinach Lasagna Lasagna Spaghetti w/meat sauce Herbed Baked Chicken Steam Brown Rice Cauliflower</p>	<p>2 July Omelet/Boiled Egg/French Toast/Bacon Biscuits/Oatmeal/Creamed Beef Hashed Brown Potatoes Minestrone Soup Chicken Cordon Bleu Roast Beef Oven Brown Potatoes/Lyonnais Rice Squash/Succotash</p>