



INDIAN HEAD

SERVING THE 2ND INFANTRY DIVISION COMMUNITY SINCE 1963

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2nd ID receives honors from ROK president



Courtesy of the Republic of Korea army

Republic of Korea President Lee Myung-bak presents Maj. Gen. Edward C. Cardon, commanding general of the 2nd Infantry Division, with the Presidential Unit Citation Oct. 1 on Gyeryongdae Parade Field. The citation reads: "In recognition of and appreciation for outstanding and meritorious services rendered to the Republic of Korea, I hereby present, in accordance with the powers delegated to me by the Constitution of the Republic of Korea, Presidential Unit Citation to 2nd Infantry Division United States Army" Oct. 1. The award was based on three 2nd ID accomplishments: support to Korea for over 60 years, the training conducted with the ROK military and for Dongducheon flood support in July.

2-2 Avn. expands training during War Path II

Story by Staff Sgt. Vincent Abril

2nd Cav Public Affairs

Soldiers of the 2nd Assault Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, participated in a battalion field training exercises at Tactical Training Assembly Area Tom near Wonju, South Korea, Oct. 3-7.

In conjunction with Warpath II, an annual training exercise, 2-2 Avn., also known as the "Wild Cards," took the opportunity to expand on the current training mission to train their Soldiers on aircraft and crew decontamination procedures. This unique training allowed Soldiers to gain experience and prepare for any potential real-world nuclear, biological or chemical threats. The Soldiers had their fair share of practice before the simulated contaminated bird landed.

"We did five rehearsals in preparation for the real simulated mission," said 1st Lt. Tori Brown, the Chemical, Biological, Radiological and Nuclear officer of 2-2 Avn., and officer in charge of the decontamination exercise.

This exercise also allowed the Soldiers to practice completely decontaminating a UH-60 Black Hawk helicopter and its entire crew. Upon the arrival of the Black Hawk and crew, two ground decontamination teams were prepared to get to business. One team received the contaminated crew and began going through measures to decontaminate and medically care for them. The other team immediately began decontaminating the UH-60 by pressure washing the aircraft using soap and water as a simulated decontamination agent.

As the exercise unfolded, the Soldiers' swift actions proved they were prepared for any real-world threat.

"We worked out all the kinks during rehearsals and it's pretty much flawless and everyone knows their job," said Spc. Donovan L. Camelin, a 2-2 Avn. CBRN specialist.

The team effort for a successful mission did not stop with the aviation Soldiers alone. Soldiers from the 4th Chemical Company, 1st Brigade Special Troops Battalion, 1st Brigade Combat Team, and the 38th Chemical Company, were flown in by 2-2 Avn. to support the exercise training. Soldiers from the 618th Dental Company, 65th Medical Brigade CBRN office, also participated alongside their aviation counterparts.

Once the exercise was complete everyone took a sigh of relief as Lt. Col. Eric Gilbert, the 2-2 Avn. battalion commander, called everyone to rally on him as he congratulated them on a job well done and handed out coins to those who helped make the mission a success.



VOICE OF THE WARRIOR:

What is your favorite part of
Halloween?



*"I like eating candies
and seeing the children
dress-up."*

**Staff Sgt. Raphinette
Quinn**
B Co., HHBN

*"I like to see what crazy
costumes people come
up with"*

Pfc. Keaira Jones
C Co., HHBN

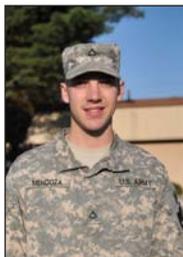


*"I like the atmosphere
of the day."*

Sgt. Jennifer Valdez
HSC, HHBN

*"I really like the costume
parties."*

Pfc. Daniel Mendoza
A Co., HHBN



*"I like dressing up in
costumes."*

Sgt. Alexandria Gonser
B Co., HHBN

*"I like carving pump-
kins with my friends."*

Pfc. Evan Schults
B Co., HHBN



UNDER THE OAK TREE

DISCIPLINE APPLIES TO EVERY SOLDIER

By **Command Sgt. Maj. Michael Eyer**

Division Command Sergeant Major

As we move into the winter months I would like everyone to look at where they are when it comes to safety. I've been able to see firsthand what our Soldiers, Family members and Civilians are doing every day, and I remain totally convinced our division is on the right track for safety.

Traditionally, leaders have done the hard work with regard to safety. As a result, many of our Soldiers today don't understand the composite risk management process because they haven't had to think through it. My best advice for leaders is to continue encouraging their Soldiers to think and make smart safety decisions for themselves through continued coaching, teaching and mentoring.

Our Soldiers must be educated and empowered enough to be their own best advocates for safety, both on and off duty. Leaders must also set the standard in all they do all the time, abiding by the principle of "don't set a new standard, enforce the ones that exist."

A vital part of engaged leadership is providing Soldiers with the knowledge to manage their own unique risks. The CRM process should be a key element in every Soldier's individual training, and our first-line leaders are the best starting point for this instruction.

**"Our Soldiers must
be educated and
empowered ...**

**Command Sgt. Maj.
Michael Eyer**

As leaders, we must show our Soldiers how to operate within their left and right limits safely and continually hold them to those standards. By placing that responsibility on their shoulders, we create smarter and safer Soldiers who can think through the toughest of situations and apply that same knowledge to their off-duty lives.

Our Soldiers are our most valuable sensors on the battlefield, and making them part of the risk management process will sharpen their skills and make them even more effective in everything they do.



Ask your Soldiers for their input on risk mitigation during your next mission — you'll be surprised at how open and creative they'll be with just a little encouragement!

We must also continue to engage our wonderful Family members, keeping them informed and allowing them to be part of the CRM process during their Soldiers' off-duty time.

Our Families have and will always have the greatest impact on our Soldiers and are a powerful ally in keeping our Army safe. Be sure to involve them in your safety programs and use their powerful influence for good.

My duties here in this great division have taken me literally all over Korea. In every location, I've been impressed by our Soldiers' dedication to duty and to each other. Even in the remotest of locations, I've always found our Soldiers doing what they're supposed to do, staying engaged and actively working to keep themselves and their peers safe and in the fight.

You can always rely on the American Soldier to do the right thing, especially when their leadership demonstrates trust in their competence and gives them an example to follow. Battle buddies and peers make a difference — never leave a fallen Soldier.

Indianhead

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2nd Infantry Division

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Obama: All US troops out of Iraq by year's end

Story by
Jim Garamone

Armed Forces Press Service

WASHINGTON – All U.S. Servicemembers will leave Iraq by the end of the year, President Barack Obama announced Oct. 21.

More than 40,000 U.S. Servicemembers are in the country, and all will be “home for the holidays,” Obama said.

The president made the announcement after speaking with Iraqi Prime Minister Nouri al-Maliki.

Since American forces went into Iraq in March 2003, more than one million Americans have deployed to the Middle Eastern country – many multiple times. More than 32,200 U.S. Servicemembers and civilians have been wounded in the country, and 4,482 were killed.

“Today, I can report that as promised, the rest of our troops in Iraq will come home by the end of the year. After nearly nine years, America’s war in Iraq will be over,” the president said.

“The last American Soldiers will cross the border out of Iraq with their heads held high, proud of their success and knowing that the American people stand united in our support for our troops. That is how America’s military efforts in Iraq will end.”

The United States will maintain a close alliance with Iraq, the president said, and the withdrawal means the relationship between the countries will be just like that between the United States with any other country. Obama said it will be “an equal partnership based on mutual interests and mutual respect.”

Obama said he and Maliki agreed that a meeting of the Higher Coordinating Committee of the Strategic Framework Agreement will convene in the coming weeks, and that he invited the Iraqi leader to Wash-



White House

President Obama announced during a press conference at the White House that all U.S. Servicemembers will leave Iraq by Dec. 31.

ton to plan the future relationship.

“This will be a strong and enduring partnership, with our diplomats and civilian advisers in the lead; will help Iraqis strengthen institutions that are just, representative and accountable; will build new ties of trade and of commerce, culture and education, that unleash the potential of the Iraqi people; will partner with an Iraq that contributes to regional security and peace, just as we insist that other nations respect Iraq’s sovereignty,” Obama said.

The United States will offer to help Iraq train and equip its forces, just as the United States offers assistance to countries around the world.

“There will be some difficult days ahead for Iraq, and the United States will continue to have an interest in an Iraq that is stable, secure and self-reliant,” the president

said. “Just as Iraqis have persevered through war, I’m confident that they can build a future worthy of their history as the cradle of civilization.”

The end of war in Iraq reflects a larger transition in world affairs, Obama said. “The tide of war is receding,” he said. “The drawdown in Iraq allowed us to refocus our fight against al-Qaida and achieve major victories against its leadership, including Osama bin Laden.”

The United States also is reducing the number of troops deployed to Afghanistan. He noted that when he took office in January 2009, more than 180,000 U.S. service members were deployed to Iraq and Afghanistan.

“By the end of this year, that number will be cut in half. It will continue to go down,” the president said.

HeadStart2 online training now earns promotion points

Story by
Brian Lamar

Strategic Communications, DLIFLC

Being stationed in a foreign speaking country can cause a condition called “barracks rat syndrome.”

One typical symptom of the “barracks rat syndrome” is a moderate discomfort when dealing with unknown languages and cultures. To combat “barracks rat syndrome” teams of experts at the Defense Language Institute Foreign Language Center have been working tirelessly to end this epidemic plaguing our Servicemembers.

The prescription to treat discomfort associated with the introduction to foreign languages and cultures is the Korean HeadStart2 program. This program is designed to give troops basic survival culture and language proficiency.

The HS2 program is available in 16 languages and DLIFLC is currently planning for an additional ten languages to be made available to members of the Armed Services in FY12.

“The production plan for HeadStart2 is based on requirements that are built from a list called the Strategic Language List and are an agreed upon schedule of production of language products from DLI’s curriculum working group,” said

Clare Bugary, DLIFLC Deputy Chief of Staff of Operations.

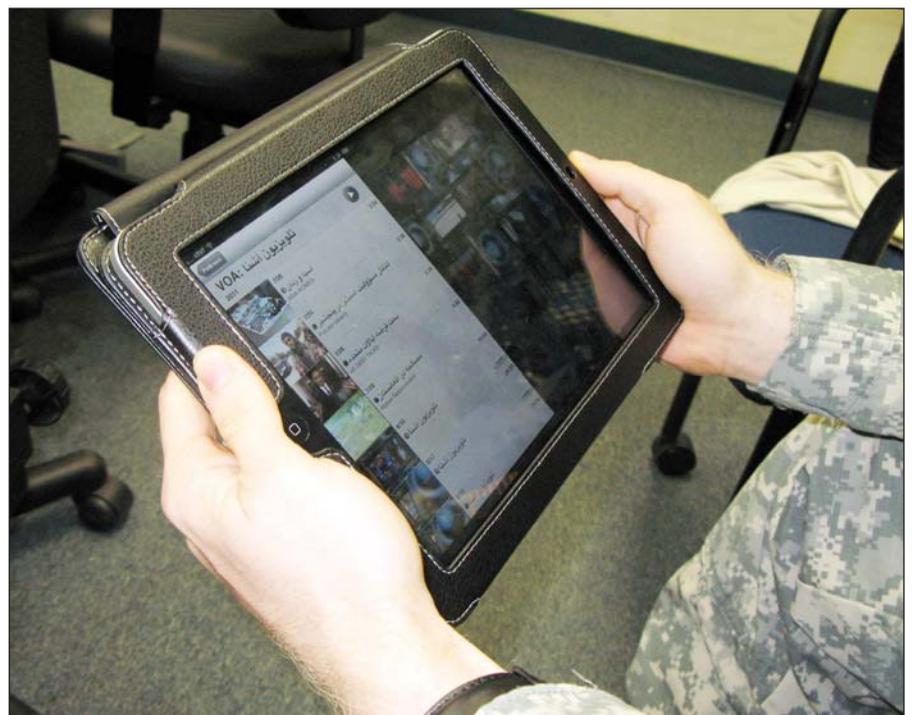
Unlike most other commercial language software products, HS2 is geared toward the Servicemember’s needs by directing vocabulary terms and in-game exercises to actual militaristic situations and Soldiers can receive up to 16 promotion points toward rank advancement to sergeant or staff sergeant.

The format of the HS2 program consists of two main sections; Sound and Script, and Military.

The Sound and Script sections introduces the writing system and provide basic information about the languages such as numbers, colors, grammar, and pronunciation of the target language in 20 separate tasks.

The military section of the program focuses on critical topics like emergency medical situations, cordon and search, and even basic commands. A sense of importance and immediacy is brought to life with animated military scenarios that force a Servicemember to recall vocabulary terms to navigate the situations successfully.

Within the program, there are more than 100 PDFs with writing drills that provide the user with writing practice in the target language. Other features include animated military scenarios, culture notes, grammar notes an Arabic script writing tool, a sound recorder, and



Donna Miles

New software applications for mobile devices such as this iPad are helping students at the Defense Language Institute in Monterey, Calif. In addition Soldiers worldwide can now earn promotion points by taking the online Headstart2 program developed by DLI.

a glossary. The HS2 program exposes users to more than 1,000 key terms and phrases, and provides them with important communication tools that will assist Soldiers during their time in Korea.

The HeadStart2 program can be accessed via: AKO / ATRRS, DKO, JKO, JLU, MarineNet and on the Institute’s HeadStart2 language resources page at

<http://hs2.lingnet.org/korean.html>.

Other HeadStart2 programs currently available on ALMS are Iraqi Arabic, Pashto and Dari.

Available on DLIFLC’s products pages are: Urdu, Farsi, Korean, Chinese (Mandarin), Portuguese (Brazilian and European), Russian, French, German, Spanish, Uzbek, Kurmanji and Swahili.

Students learn the importance of saving

Story and photo
by Staff Sgt. Vincent Abril

Camp Humphreys American School first and second grade students learned the importance of saving money on a school trip Sept. 29, while touring the Camp Humphreys Navy Federal Credit Union branch.

Julie Abril, the NFCU manager waited by the door as the students filed in. The children's excitement and curiosity were quickly noticed by the branch employees as they prepared for the tour.

After testing the children's knowledge on the banking system, Abril talked to them about saving their money with the aid of Diana Pickard, the assistant branch manager. "We really want to stress the importance of saving money by explaining to the kids why people save money and how they can do just that at a credit union or bank," said Abril. "I think the message of saving money and learning about why people use banks go hand and hand and we hope the children take this message home with them," Abril said.

As the children looked on, the bank tellers gave a demonstration on how money counters work. To better teach the children about deposits, some of the students were able to deposit fake money and received an invoice for the transaction. One of the students deposited \$1 million in fake money to the surprise of everyone in the credit union.

Shannon Webster, a multi-grade teacher who brought her class to the credit union, knows all too well



A student makes a simulated deposit on Sept 29 at the Camp Humphreys Navy Federal Credit Union. First and second grade students from Camp Humphreys American School visited the credit union to learn the importance of saving money at a young age.

why the message of saving money is important at this stage of her students' life.

"We wanted students to be aware of how important it is for them to start saving at a young age," Webster said. "The goal is to get the students involved in using money on an everyday basis with real world experiences."

Before the students returned to their school, the

Navy Federal Credit Union announced that the class whose parents' open the most minor savings accounts will receive a cash donation from the credit union.

"We hope the kids enjoyed their visit and we hope to have many more visits from kids of all ages who can benefit from learning about banking and saving money," Abril said.

2nd ID Good Neighbor Program promotes friendship



Kumo Elementary school students and 2nd Infantry Division Soldiers hold hands while walking to the 2nd ID Museum during their visit to Camp Red Cloud Oct. 21.

Story and photos
by Pvt. Kim Myung-In

Staff Writer

Approximately 57 elementary students from Kumo elementary school in Uijeongbu visited Camp Red Cloud Oct. 21 as part of the 2nd ID Good Neighbor Program.

The Good Neighbor Program focuses on strengthening friendship between American Soldiers and Korean students.

"The main goal of the Good Neighbor Program is to introduce American military culture to Korean people and to strengthen relationships between Korea and the U.S.," said Capt. Simon Chang, the Headquarters and Headquarters Battalion chaplain and project manager for the Good Neighbor Program.

Students began their visit at the CRC Theater where



Kumo Elementary school students watch as fire fighters from the Camp Red Cloud Fire Station demonstrate how to wear a fire retardant suit Oct. 21. This was one of many stops the elementary students made during their visit as part of the Good Neighbor

Program. The Division Special Troops Battalion commander Lt. Col. Christopher Durham answered questions the students had about army life. They asked about the military ranks and the commander's favorite Korean singer.

After the theater the students visited the museum, library, fire station and the Engagement Skills Trainer 2000.

"Initially children were only interested in military ranks and guns but I am glad that they got to learn more about what American Soldiers do through this experience," said Shin-un Ja, principle of Kumo Elementary School. The children of Kumo left CRC and the Good Neighbor Program with a better understanding of what

a day in the life of an American Soldier is like.

"Children were wondering what American Soldiers do, why they are in Korea and why Korean Soldiers like KATUSAs are in U.S. military camp," said Kim Hee Young, fifth grade teacher at Kumo elementary school. "This experience helped them to understand more about American Soldiers and hope that it will teach them about Iraq War and Korean War as well," Hee Young added.

"I really enjoyed volunteering for this event," said Spc. Randall King, assigned to A Co., Headquarters and Headquarters Battalion. "After spending times with them, I hope that they realize we are not all bad guys."

Road to becoming a KATUSA is hard, but worth the effort

Story and photo by
Pvt. Kim Myung-In

Staff Writer

All Korean men must serve two years of military service, and each year, the number of young Korean men applying to be Korean Augmentation Troops to the United States Army has increased consistently.

Serving as a KATUSA and working with the American Army is a prized position and increasingly competitive for those who have the required skills. Among those that made the cut is one KATUSA who looks at this program as a way to challenge himself with personal growth.

Sergeant Sung Woong, with Battery A, 6th Battalion, 37th Field Artillery Regiment, 210th Fires Brigade, is a senior KATUSA in the Republic of Korea Staff Office and has served as a combat Soldier for over a year.

"Every day is a busy, outdoor, mission-oriented day for a combat Soldier," said Sung. "We do Preventive Maintenance Checks and Services on the first working day and Sergeant's Time Training on another day.

"We learn various tasks such as land navigation, crane-controlling and ground guiding," he said. "Alert' Battery probably has the toughest mission in the brigade.



Pfc. Marvin Greg and Sgt. Sung Woong, both Soldiers with the 6th Battalion, 37th Field Artillery Regiment, stationed on Camp Casey, stand side-by-side reminiscing on the good times they have had working together.

"When a battalion commander calls, which usually happens between 3 to 5 a.m., rifles are issued and we are ready to 'fight tonight,'" Sung said, regarding his ordinary schedule as a combat Soldier.

With only a few days left in his conscription service, Sung recalls his most memorable event while stationed with the 2nd ID – the Yeonpyeong-do incident.

"I actually thought that we would have a war," he said. "It was sometime in winter of last year and it was very cold.

We were on 24-hour standby for three days."

Looking back on his service, Sung said he volunteered to become a combat Soldier.

"You only do it once in your lifetime. I want to challenge myself to the limit so that I can make the best out of this experience," he said.

"When one senior KATUSA and the Korean sergeant major from 6-37th FA came to interview me, they said this position is for those who look forward to

challenges and want to improve their English skills," he said. "As soon as I heard those phrases, I immediately knew the position was for me."

"Sergeant Sung makes our jobs easier. He is one of the best Soldiers and gets along extremely well with all the American Servicemembers," said Pfc. Marvin Greg, a fellow Battery A Soldier from Annapolis, Md. "We have many fun memories together and will miss him when he is gone."

The KATUSA program began in July of 1950, during the Korean War, by an informal agreement between Korean President Syngman Rhee and Gen. Douglas MacArthur. It has been maintained between the armed forces of both nations ever since with more than 250,000 Korean Soldiers serving as KATUSAs. The KATUSA program provides the U.S. military with English-speaking Soldiers, allowing greater military functionality and maneuverability throughout the Korean peninsula. KATUSAs serve as translators between the local populace and the U.S. Army and help the U.S. maneuver in unfamiliar terrain. Moreover, it symbolizes the two nations' friendship and mutual support.

"I think of myself as a military diplomat. What I gained from my service was strong confidence and new friends," said Sung. "If you treat American Soldiers as your friends, you will have a worthwhile experience as a KATUSA Soldier and English skills will improve as well."

Soldier receives 'Log Hero' award for innovation, efficiency

Story by 1st Lt. David S. Rooks

1st Battalion, 38th Field Artillery Regiment

A 2nd Infantry Division private saved the Army money with his invention to assist his battalion in the 210th Fires Brigade during live fire exercises.

Korean nationals who reside outside the 2nd ID training areas have frequently complained about the amount of dust stirred up by the division's vehicles during exercises.

As a result, Alpha Forward Support Company, 1st Battalion, 38th Field Artillery Regiment, 210th FiB, was tasked with developing a means to reduce the dust caused by military vehicle movement on the roads around the Rodriguez Digital Multi-Purpose Range Complex.

Private David A. Bradshaw of Union Mills, N.C.,

took on the challenge. Using tossed-out materials and 87-cent zip ties, Bradshaw invented a device that attaches to the spout on the back of a standard Army water buffalo. As the buffalo rolls forward, water is evenly distributed on the road helping to keep the dust down when vehicles travel on the dusty roads.

"I knew he was smart enough to figure something out," said Staff Sgt. Steven W. Wallace, Bradshaw's platoon sergeant. "I put the materials in front of him and within ten minutes he had a picture in his mind."

Bradshaw was awarded the 'Log Hero' award for his efforts to quickly construct a low-cost watering system that made an immediate impact on the overall success of the brigade's live-fire exercise.

"The implementation of this device ensures continued good relations between the local Korean people and the Soldiers of the 2nd Infantry Division," said Wallace.



A Soldier from 1st Battalion, 38th Field Artillery Regiment, ensures that the watering system is functioning properly as it wets the road at the Rodriguez Digital Multipurpose Range Complex.

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2ndInfantryDivision



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ROK - US joined forces for 63rd Armed Forces Day



A UH-1 Huey helicopter performs a fly-by during the ROK and U.S. exercise held at Seung-Jin Range Sept. 30. The 1st Brigade Combat Team and 2nd Combat Aviation Brigade Soldiers participated in a live-fire exercise with the Republic of Korean army to celebrate the ROK's 63rd Armed Forces Day.

Story and photos by Staff Sgt. Kenneth G. Pawlak

1BCT Public Affairs

Soldiers from the 2nd Infantry Division's 1st Brigade Combat Team and 2nd Combat Aviation Brigade participated in a live-fire exercise with the Republic of Korea army to celebrate the ROK's 63rd Armed Forces Day festival here Sept. 30.

Nearly 125 U.S. Soldiers and more than 1,000 ROK soldiers confirmed the strength of the 60-year U.S.-ROK alliance during the exercise in front of a crowd of local civilians, soldiers, family members and school children at Seung-Jin Range.

"We were asked to participate in the Republic of Korea-led coalition exercise to celebrate their 63rd Armed Forces Day," said Capt. Jared W. Britz, officer-in-charge of the U.S. contingent.

"The exercise gave us a great opportunity to see how the Korean army operated," said Britz. "And the U.S. Soldiers practiced how to operate in a combined environment."

The exercise gave the U.S. and ROK forces the chance to showcase new and existing weapon systems to the visitors.

During the exercise, both forces also strengthened their communication skills by working together to engage the exercise objectives on the range.

"Language barriers and different procedures because of our dissimilar airframes – US AH-64D Apache Longbows and ROK AH-1S Cobras – are always challenging," said Chief Warrant Officer Jack T. Hayek, tactical operations officer for the 4th Battalion, 2nd Aviation Regiment, 2nd CAB. "But the use of each aircraft's strength minimizes the other's weakness, which makes this effort a potent war-fighting capability."

The ROK and U.S. forces lived, trained and planned

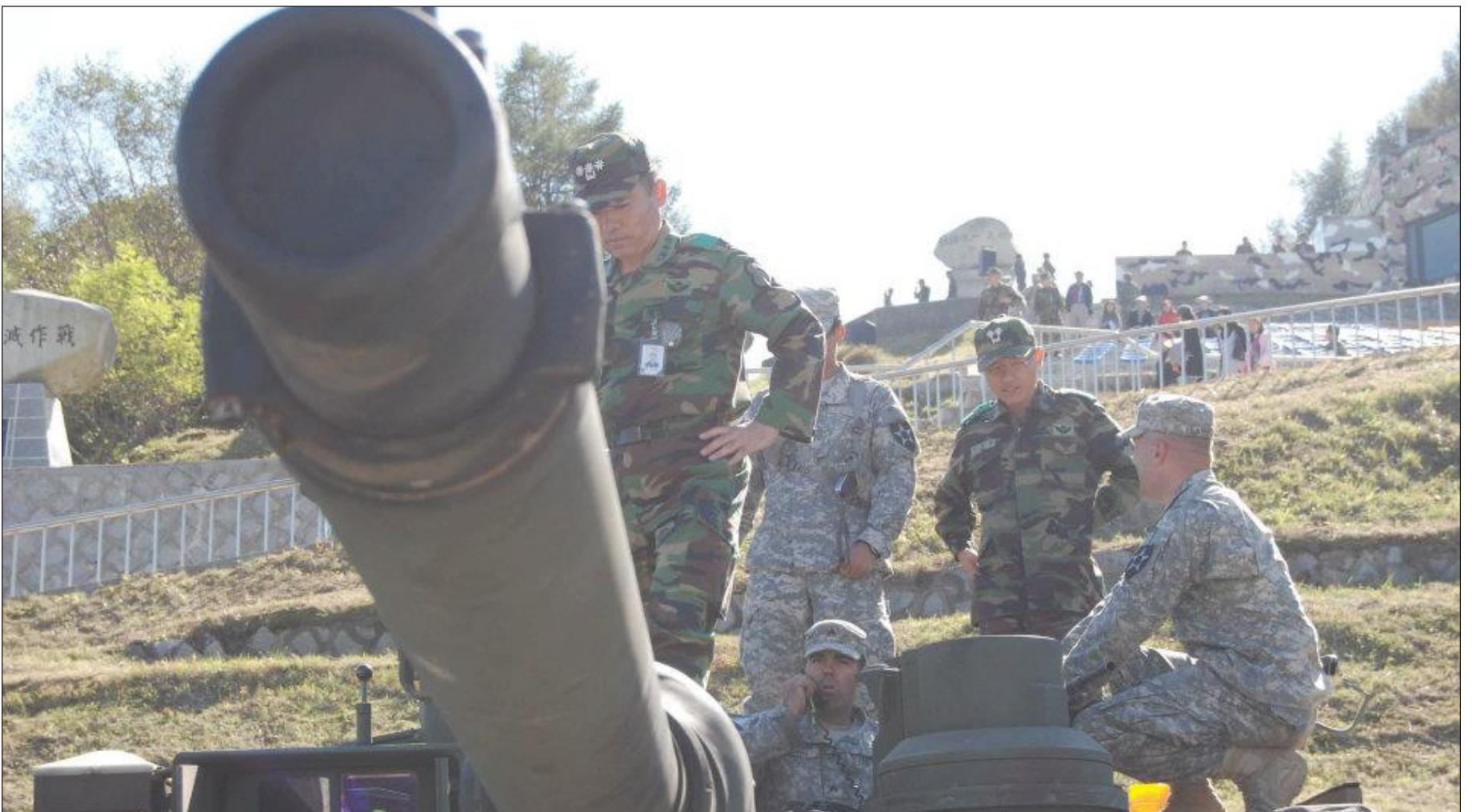


An artillery round impacts on its target during the ROK and U.S. exercise held at Seung-Jin Range Sept. 30. The 1st Brigade Combat Team and 2nd Combat Aviation Brigade Soldiers participated in a live-fire exercise with the Republic of Korean Army to celebrate the ROK's 63rd Armed Forces Day.

together for the week leading up to the exercise. Both forces faced challenges, said one Soldier, but they were able to overcome those challenges and build a stronger, more confident alliance.

"Our two armies operate differently and what seems like common sense to one is very confusing to the other," said Chief Warrant Officer Stephen H. Murray, 4-2nd Avn. tactical operations officer. "Even though we have so many differences in TTPs and terminology we are all Soldiers, aviators, attack pilots, and that really gives us more in common than differences."

"Each exercise brings us closer to removing the challenges completely as we prepare to 'fight tonight' together," Hayek added.



A ROK army officer and a Korean Augmentation to the United States Army Soldier discuss the components of a tank during the ROK and U.S. exercise held at Seung-Jin Range Sept. 30. The U.S. also showcased its new M1A2 Abrams tanks at the festival.

KSB offers high quality food at an affordable price



Korean Augmentations to the U.S. Army Soldiers, Korean Nationals and U.S. Civilians take time out of their day to sample traditional Korean meals at the Camp Red Cloud Korean Snack Bar.

Story and photo by Cpl. Chang Han-Him

Staff Writer

There are many ways for Soldiers to relieve stress from daily missions, but not many are more effective than a good meal during or after work.

The Korean Augmentation to the U.S. Army Snack Bars, located throughout U.S. Army bases are a key part of the mission in this peninsula because they provide high-quality Korean dishes.

"The Camp Red Cloud KATUSA Snack Bar has been serving Soldiers over 40 years," said Baek Jung-sook,

manager of Camp Red Cloud KSB.

"My mom started this business and handed it over to me. As our name represents, we cannot exist without KATUSAs, so part of our profit is actually being used for their welfare."

While dining facilities on posts focus on the U.S. Soldiers' appetite, KSBs attract its customers with various Korean style menus. It is also an opportunity for Soldiers to try new dishes without hurting their wallet.

"My favorite meals from CRC KSB are yukgaejang [spicy beef soup] and tteokguk [sliced rice pasta soup]," said Cpl. Kim Dong-hyun, a senior KATUSA from the Republic of Korea

Army Staff Office, Headquarters and Headquarters Battalion. "The price is reasonable, especially for us KATUSAs, while they provide gratifying foods. I also think KSB acts as the food ambassador. I hope this place will continue to introduce Korean foods to many people."

As Kim said, KSBs are more than just a place providing meals for KATUSAs to eat. Sometimes they are the first place for U.S. Soldiers to try Korean food and a place to meet new people.

"I visit CRC KSB at least five times a week," said Capt. Ryan Vandrovec, a special security officer from Company B, HHBN. "I did try some Korean foods

at a place near my last duty station but it was not even close to the taste of the food I can enjoy here. I love spicy chicken bulgogi with no rice the most. Side dishes here are also wonderful. Now I am a big fan of Korean foods."

Vandrovec also said he is now so close with people who work at CRC KSB that they are like his mother and grandmothers.

"They are very kind and nice to me so I feel really comfortable being here. They sometimes provided me custom Korean foods which are not on the list. I am leaving CRC in seven months and I am sure that I will miss all the foods and people here," said Vandrovec.

"We don't usually provide special meals," said Baek, laughing, when she was told about Vandrovec's comments. "He gave me a present for Chuseok, so I replied with some traditional Korean foods that I cooked for Chuseok. Making a unique dish is not common, but we do so in special occasions.

Once a KATUSA stopped by and said he was sick so we made him oatmeal, which is not on the menu. Some of the so called 'hidden menus' are made when someone has a special request and we have the ingredients to cook it."

According to Baek their motto is to serve "clean, delicious meals with kindness."

"In my opinion, my job is better than being a doctor," said Baek. "Doctors work to treat people with sickness but I work for healthy and energetic Soldiers.

"When they leave this place with satisfaction I feel healthy just like they are and worthwhile," said Baek.

Baek continued to say that she loves her job and hopes that her work "supports all the people who work for a meaningful mission here in CRC."

Prayer breakfast provides Soldiers with food for thought



Soldiers from the 1st Battalion, 38th Field Artillery, 210th Fires Brigade, bow their heads in silence during a prayer breakfast held on Camp Casey.

Story and photo by Chaplain (Capt.) Benjamin Hines

1st Battalion, 38th Field Artillery

Do you have an anchor for your soul? That is the question I asked at the prayer breakfast for the Soldiers of 1st Battalion, 38th Field Artillery, 210th Fires Bri-

gade, to find faith, their own personal faith, that would keep them Army Strong and ready to "fight tonight" no matter how much adversity came their way.

Do you have a spiritual foundation for your soul? Everyone needs a spiritual anchor. The beautiful phenomenon of America is that you are free to choose what that looks like for you.

"The chaplain isn't defining what that anchor is, however, he is trying to impress upon you, regardless of your faith, that simply having an anchor is incredibly important," said Maj. Bob Dunwoody, the battalion executive officer. "Spiritual fitness is truly a combat multiplier."

Staff Sgt. Kelly Douglas, Headquarters and Headquarters Company, provided important insight by sharing that the Tomb of the Unknown Soldier honors those Soldiers who gave their lives in defense of the nation: "Here Rests in Honored Glory an American Soldier Known But to God."

Their sacrifice proves the truth Gen. George C. Marshall expressed so eloquently, "The Soldier's heart, the Soldier's spirit, and the Soldier's soul are everything. Unless the Soldier's soul sustains him, he cannot be relied on and will fail himself, his commander, and his country in the end."

The movie "Soul Surfer" is a true story about a teen-

age surfer who lost her left arm in a shark attack. Bethany is a spiritually fit teenager who found strength in her loss through her relationship with God, the anchor for her soul. In addition to being inspired by this story, actor Dennis Quaid talked about how his faith helped his family brave their own personal tragedy. Quaid began with the realization, "I know there are many things that I won't be able to fix, things that are too big for any human being to handle on his own. Those times I have to trust in a higher power." His unfaltering belief and unquestioned faith served as an anchor in trying and desperate times.

Dunwoody ended the prayer breakfast by encouraging Soldiers to seek out an anchor for their soul.

"You must invest in your own spiritual fitness," he said. "You must make the effort. Go to the Chapel, talk with your Family and friends, engage your chaplain, read, and above all, anchor to a source that will allow you to honestly celebrate the good times and persevere through the bad."

There are things in life we can't fix. There are circumstances in life too big for any human to handle. That is when you need faith in someone who is big enough to calm your storm. Do you have an anchor for your soul?



A Korean child stares down the barrel of a .50 caliber machine gun at the Ground Forces Festival hosted by the ROK Oct. 5.

Little Kids enjoy 'grown up' toys

ROKA Ground Forces Festival dazzles Soldiers, civilians

Story and photos by
Staff Sgt. Vincent Abril

2nd CAB Public Affairs

The Republic of Korea army hosted their annual Ground Forces Festival Oct. 4 on Gaeryong airfield, home to the Republic of Korea's army, navy, and air force headquarters.

In its 10th anniversary, the week-long festival was full of surprises and packed with festival tents boasting several attractions for the young and the old.

The servicemembers dazzled the visiting civilians with military equipment such as tanks, helicopters, air planes, artillery, and multiple styles of weapons.

"It has been 60 years since the Korean War, however, there are still some groups hostile against the Republic of Korea," said Col. Koo Jae Seo, the ROKA Ground Forces Festival officer in charge. "Within the young generation of Korea, there are some who are unconcerned about our national security, which can fall at any moment." "This festival not only targets them and the local people, but the entire nation."

The festival hosted over a million people last year and officials hoped this year's festival would bring even greater numbers.

Among the many static displays present was an AH-64D Longbow Apache from company A, 4th Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, along with its pilot and crew. Chief Warrant Officer Aaron K. Fish, one of the pilots from 4-2nd Avn., expressed his appreciation for being able to participate in the festival and hopes the civilian populace will learn

from this unique experience.

"I hope the most important thing they learn is that we are still here for them with all the capabilities that we bring to the table to help protect their nation," Fish said.

Soldiers from the 2nd Infantry Division, 35th Air Defense Artillery Brigade, and the 8th U.S. Army Band, who performed as the musical ambassadors to the festival, also showcased their capabilities and equipment at the event.

"By participating in these types of events we are showcasing our equipment to show that we are in this together," said 1st Lt Eric Y. Kim of the 8th U.S. Army Civil Affairs Office. "By attending this event, we are helping project a positive image to the general public and they will also have a chance to interact with American Soldiers."

The military hopes the event promotes their military forces capabilities and boosts the confidence of the Korean civilians that the U.S.-ROK alliance is ready to protect their country.

"We want to allow people to experience programs such as field training exercises, guerilla training, and airborne demonstrations," Koo said. "We want the civilians to see the ROK-U.S. Alliance in a more intimate way than ever before."

Adults and children had the opportunity to experience military culture for themselves by holding the military weapons, tasting the military food, and seeing a traditional army barracks display. The ROK air force also made several formation flyovers entertaining the crowds.

"The Ground Forces Festival truly unites the people of the ROK and the U.S. through a relationship that is embodied in the spirit of 'Katchi Kapshida,'" said Kim.



The Republic of Korea Air Force performed synchronized flyovers at the ROKA Ground Forces Festival on Oct. 5 in Gaeryong. The week-long festival boasted several attractions for both the young and old. On display were tanks, helicopters, air planes and various artillery.



A Republic of Korea Army soldier aides a small child into the hatch of his tank at the ROKA Ground Forces Festival. Children were able to participate in many of the events that were held throughout the festival grounds.



Korean school children prepare to see an AH-64D Longbow Apache helicopter. This piece of equipment was one of several pieces of equipment brought to the ROKA Ground Forces Festival by U.S. Armed Forces personnel on the peninsula.

2nd Infantry Division senior NCO dining-in



Master Sgt. Reeba Critser

Senior 2nd ID leaders stand at attention for the arrival of the Colors at the 2nd Infantry Division Senior Noncommissioned Officer Dining-In Oct. 21 at the Dragon Hill Lodge on Yongsan Garrison. This traditional, formal dinner provided an opportunity for senior NCOs to meet socially at a formal military function to build and maintain professional camaraderie.

SPECIAL TO THE INDIANHEAD: SPOUSES' COLUMN

Yongsan Garrison brings 'Chef's Around the World' to Soldiers

Story and photo by Kelley Scrocca

Warrior Country Spouse

Do you enjoy Top Chef or Hell's Kitchen, but always wished you could try some of that great food? For those of us with 'caviar tastes' but a 'beer budget,' there is a way to enjoy a taste of the 'fine life' right here in Korea without spending a fortune.

The "Chef's Around the World" series is fairly new to Yongsan. This program is the brainchild of Col. William Huber, USAG Yongsan commander, and Brady Lawrence, the Family Morale, Welfare and Recreation business programs director. Both gentlemen have a personal passion for cooking and culinary arts and wanted to bring some of the five-star chefs available right here in South Korea on-post for us to enjoy.

I recently attended the third event of this type on Oct. 20 featuring Chef Martin Muller, executive head chef of the Grand Hilton Hotel in Seoul. Muller is a renowned Swiss chef who presented a six-course meal that included a mix of Italian, Asian, French and traditional Swiss cuisines. All courses were entirely Muller's production resulting in first-class cuisine combining new themes to form an exotic menu. Examples of the dishes served include: artichoke crème brulee with a brush stroke of mango, Cajun-spiced bison with lemongrass and chili foam, and mahi mahi with peach coat on braised arugula cranberry sauce and dark

chocolate. Three fine wines (available at the Class VI) were also featured to accompany the dishes served.

This special dinner was served at the R&R Grill on Yongsan, which was transformed into an elegant environment seating 90 people. There were 10 people per table, which prohibited my husband and me from enjoying a truly "romantic evening" together, but after the food and wine started being served, the conversation picked up and we celebrated the deliciousness together with all our tablemates as well.

Chef's Around the World dinners are currently held at the R&R Grill and feature five-star quality chefs who cook at some of the finest establishments around the Republic of Korea. The chefs volunteer their time to provide Soldiers with a menu and expertise to ensure all dishes are to the quality desired by the chef. Incredibly, all items used in dishes on the menu are available through the Commissary. This means these fantastic events are provided at a very affordable cost, from \$45 to \$65 depending on the menu items and wines served, with no compromises to quality. An equivalent dining experience off-post would cost upwards of \$200 or more.

The next Chef's Around the World event will be Dec. 8 and will feature Chef Wayne Golding, executive chef of the Ambassador Hotel in Seoul. Wayne is an Australian chef. His career allowed him to cook in New South Wales, Sydney, Dubai and Hanoi before coming to South Korea. Tickets go on sale Nov. 1 for this event and can be purchased by calling 732-5678.

Credit card payments will be taken over the phone.

Due to the popularity of these events and the limited space it is highly recommended you call on Nov. 1 for tickets as the events sell out very quickly. Another Chef's Around the World event is tentatively planned for February and hopefully we will get one scheduled in Area I sometime soon as well.

For more information, problems or questions please contact me at spouse2ID@yahoo.com.



Mahi Mahi with peach coat on braised arugula cranberry sauce and dark chocolate was one of the courses of "Chef's Around the World" in Yongsan. The next event will be Dec. 8.

My Korea, My Life

A brief insight into Soldiers, Civilians and Family members in Warrior Country

My name: Pfc. Edward Dean Mault

My job: Fire support specialist forward observer (13F) for Headquarters and Headquarters Company, 1st Brigade Combat Team.

My childhood ambition: I wanted to be a fireman when I was little. I later had ambitions to be a classical musician playing the piano.

My first job: I was a short order cook at Kewpee Hamburger restaurant in my home town of Lima, Ohio.

My soundtrack: On any given day you can catch me listening to Ben Folds Five, Pantera, Akon, Muse, Mastodon and Rachmaninoff.

My last purchase: I am not ashamed to say that I have recently purchased DJ Hero.

My alarm clock: The ringer on my Korean phone. It's oddly annoying and gets me right out of bed for some reason.

My fondest memory: Spending time with my father working on his 1970 Camaro SS in his garage.

My retreat: Anywhere where I can read a great book and drink a good cup of coffee.

My perfect day: Spending the day on the front porch of a log cabin, sipping a cold beverage, and playing music with my good friends. There is no better way to waste a day in my humble opinion.

My indulgence: Oreo cookies, need I say more?



My wildest dream: Three years ago my father was paralysed in a motorcycle accident. My wildest dream would be to see him walk again.

My hobbies: I love to volunteer my time to others. Something as simple as giving your time to others feels so rewarding. I also enjoy reading, playing music and video games.

My biggest challenge: It's a toss up between seeing my father's struggle back home with paralysis, or losing 100 pounds to qualify for enlistment into the United States Army.

My proudest moment: If you think of life in terms of -est moments (proudest, best, greatest, etc.) you are admitting that it is all going downhill from there. I'd like to say that my proudest moment has yet to be accomplished.

My favorite music: It is a toss up between rock and roll and classical. Both music types stir deep emotion in me. When I am angry or sad, it cheers me up. When I am tense, it relaxes me. When I am unmotivated, it moves me.

My inspiration: This one is easy, my Family and close friends. They are my strength and my example. I would never be who I am or where I am without their support, love and constant guidance.

My Korea, My Life: I have enjoyed my time traveling throughout the Korean peninsula. My buddies and I have been all over Seoul, from the Seoul Grand Park (zoo) to the palaces and temples in the country. I also enjoy talking to the KATUSAs and learning as much as I can about their culture, heritage, customs and traditions. I also had the opportunity to mentor young students at a local middle school. All of these experiences have helped me make the "Land of the Morning Calm" my home.

Would you like your own My Life, My Korea published in an upcoming Indianhead issue? Send in your answers to the same questions in this article to: 2id.PAO.submissions@korea.army.mil. Be sure to include an appropriate photograph with your submission.



PHOTO OF THE WEEK

TKD U.S.

The 2nd Infantry Division Tae Kwon Do team demonstrates their martial arts skills Oct. 9 during a performance at the Army 10-miler in Washington, D.C.

Photo by Yu Hu-son

WARRIOR NEWS BRIEFS

Army Family Action Plan

The Army Family Action Plan is a program that allows you to make recommendations on enhancements for your fellow Soldiers and Families.

AFAP gives Soldiers, Retirees, DA civilians, and their Families an opportunity to let Army leadership know what is working and what isn't, and their ideas on what will fix it. Individuals interested in serving as an AFAP delegate, or volunteering in other ways with the AFAP program, should inform their commanders, Family Readiness Group leaders, or call 730-4805 / 3107.

Fire station renovation

The Camp Casey Main Fire Station, bldg. 2299, is being renovated and will be closed through May 2012.

The Fire Communications Center and fire extinguisher shop will operate from the Camp Hovey Fire Station, bldg. 3914, within that period. The office of the deputy fire chief has been relocated to bldg. 2362, room 114. For more information, call 730-2089.

Camp Stanley Swimming Pool

The Camp Stanley Swimming Pool will be closed until March 1, 2012 for major renovations to the pool and building. Normal hours of operation will resume thereafter. For more information, call 010-3147-1700.

Thrift Store donations

Donations to the new thrift store that is to open at Camp Red Cloud at a date still to be determined may be made in advance of that opening, Wednesdays and Thursdays from 11 a.m. to 1 p.m., at bldg. 14, which is near the post exchange. The store has a Facebook page, which can be searched for under "Second to None Thrift Store." For more information, call 010-2325-9757.

School lunch program

The free and reduced lunch program is under the guidance of the United States Department of Agriculture and the Department of Defense. The National School Lunch Program is offered to Department of Defense Dependent Schools (DoDDS) students from Families whose income meets eligibility criteria. Students will receive free or reduced - price meals at the school cafeteria of their respective schools. For more information please contact Army Community Service Financial Readiness Program at 730-3142 / 3107.

VISC-Casey Photo Studio

The Visual Information Support Center - Casey studio is now available in a temporary location on the second floor of bldg. 2322B, the U.S. Army Gar-

riison Casey Directorate of Plans, Training, Mobilization and Security Conference room.

DA photos or head and shoulders / command photos can be scheduled by logging on to the VISC site at www.vios.army.mil. For more information, call 730-3826.

TDY travel advisory

2nd ID Soldiers and Family members going on TDY are advised not to book hotel lodging or rental car reservations through online sites such as: hotels.com, priceline.com, orbitz.com, ect.

Lodging or rental car reservations must be made through the Defense Travel System at your local Commercial Travel Office when available.

Booking directly through rental car agencies or hotels via their Web site or telephonically may be permitted when CTO or DTS is not available. For more information, contact Sgt. 1st. Class Daniel Coleman at 732-7488.

Camp Mobile ACAP Appointments

The Area I Army Career & Alumni Program Center at Camp Mobile now requires all Soldiers to make appointments in advance by calling 730-4033, or by registering on the ACAP Express website at www.acapexpress.army.mil.

Finance hours

The Camp Casey Finance Office located in bldg. 2440 is open 9:30 a.m.-4:30 p.m., Mon.-Fri., and closed for Sergeants Time training on Thursday. The Camp Stanley Finance Office located in bldg. 2245 is open 9:30 a.m.-4:30 p.m., Mon.-Fri., and closed Thur.

The Camp Red Cloud Finance Office located in bldg. 267 is open 9:30 a.m.-3 p.m., Fridays.

Camp Hovey Post Office

The Camp Hovey Post Office, bldg. 3808, will remain closed until Jan. 15, 2012. Until then, customers should use Camp Casey's post office in bldg. 3001. Its hours are Monday, Tuesday, Wednesday and Friday, 10 a.m. - 5 p.m.; Thursday from 1 - 5 p.m.; and Saturday and training holidays, 10 a.m. - 1 p.m. For more information, call 730-4767.

Garbage violations

Dumping garbage brought from off-post in collection points on Area I installations is strictly prohibited by order of Col. Hank Dodge, U.S. Army Garrison Red Cloud and Area I commander. Violators will be punished.

American Education Week

American Education Week will be celebrated Nov. 14 - 18 at the Camp Casey Education Center. Open house will

be Nov. 14 at 10 a.m., refreshments will be available for all who attend.

Take advantage of all the free classes that will be available: Financial Aid 101, Montgomery GI Bill / Post 9-11 and College 101. Events include officers accession day, spouses breakfast and much more. For more information contact the Camp Casey Education Center at 730-1808.

Estate claim

If you have a claim against the estate of Staff Sgt. Cesar O. Nubla, please contact Capt. David Zgonc at david.zgonc@us.army.mil.

Chapel service times

The Camp Red Cloud Chapel hosts a Catholic service Sundays at 9 a.m. A Protestant service follows at 11 a.m. A COGIC service starts at 12:30 p.m., and a KATUSA service begins at 7 p.m. For more information, call 732-6073 / 6706.

The Camp Casey Stone Chapel hosts a Protestant service Sundays at 10 a.m.

The Camp Casey Memorial Chapel hosts a Gospel service at 11 a.m. and their KATUSA service begins at 6:30 p.m.

The West Casey Chapel hosts a Protestant service Sundays at 10 a.m. The West Casey Chapel also hosts a Catholic service that starts at noon, an LDS Worship service that starts at 4 p.m., and an LDS Bible study Thursdays at 7:30. For more information, contact the Memorial chapel at 730-2594 or the West Casey Chapel at 730-3014.

The Camp Hovey Chapel

Due to the flood waters of July, the Hovey chapel services have moved to the Old Hovey Chapel (Bldg. 3592).

The Old Hovey Chapel hosts an Orthodox service every first and third Sundays of the month at 10 a.m., a Protestant service Sundays at 4 p.m., a KATUSA prayer service Wendsdays at 6 p.m., and a bible study at the Hovey CAC at 6 p.m.

Crusader Chapel hosts their Protestant service Sunday at 11 a.m. For more information, call 730-5119.

The Camp Stanley Chapel hosts a Protestant service each Sunday at 10 a.m., and a Gospel service every Sunday at 12:30 p.m. For more information, call 732-5238.

The Camp Humphreys Freedom Chapel hosts a Catholic service Sundays at 9 a.m., followed by a Protestant service at 11 a.m., then a Gospel service at 1 p.m., and will have a Church of Christ service at 5 p.m.

The Freedom Chapel will also hold a KATUSA service Tuesdays at 7 p.m. For more information, call 753-7952.

Movies

Prices: \$5 for first run movies, \$4.50 for regular releases. Children 12 and under: be \$2.50 and \$2.25 respectively. Find the full list of movies online at: <http://www.shopmyexchange.com/reeltime/theatres/reeltime-landing.htm>

Camp Casey

Show times: Mon. & Wed. 7:30 p.m.
Fri. & Sun. 6:30 & 8:30 p.m.
Sat. 3:30, 6:30 & 8:30 p.m.

Closed until further notice.

Camp Red Cloud

Show times: Mon.-Sun. 7 p.m.
Fri. 7 & 9 p.m.

- Oct. 28: Real Steel / Fright Night
- Oct. 29: Spy Kid
- Oct. 30: The Smurfs
- Oct. 31: 30 Minutes or Less
- Nov. 1: 30 Minutes or Less
- Nov. 3: The Big Year
- Nov. 4: The Big Year / Bucky Larson
- Nov. 5: Warrior
- Nov. 6: The Smurfs
- Nov. 7: Apollo 18
- Nov. 8: Fright Night
- Nov. 10: Paranormal Activity
- Nov. 11: Paranormal Activity / The Debt

Camp Hovey

Show times: Mon.-Sun. 7 p.m.

- Oct. 28: The Big Year
- Oct. 29: The Big Year
- Oct. 30: The Big Year
- Oct. 31: The Big Year
- Nov. 1: Fright Night
- Nov. 2: Apollo 18
- Nov. 3: Paranormal Activity
- Nov. 4: Bucky Larson
- Nov. 5: Warrior
- Nov. 6: Paranormal Activity
- Nov. 7: Paranormal Activity
- Nov. 8: Warrior
- Nov. 9: Apollo 18
- Nov. 10: In Time
- Nov. 11: Colombiana

Camp Stanley

Show times: Sun., Mon. & Thurs. 7 p.m.
Wed. & Sat. 7 & 9 p.m.
Fri. 9:30 a.m., 7 & 9 p.m.

- Oct. 28: The Smurfs / Fright Night
- Oct. 29: Real Steel (2)
- Oct. 30: Real Steel
- Oct. 30: Fright Night
- Nov. 2: Paranormal Activity (2)
- Nov. 3: Fright Night
- Nov. 4: Apollo 18 / Bucky Larson
- Nov. 5: The Big Year (2)
- Nov. 6: Warrior
- Nov. 7: Bucky Larson
- Nov. 9: In Time (2)
- Nov. 10: Warrior
- Nov. 11: Colombiana / The Debt

Camp Humphreys

Show times: Mon.- Fri. 6:30 & 9 p.m.
Wed., Sat. & Sun. 3:30, 6:30 & 9 p.m.

- Oct. 28: The Big Year
- Oct. 29: The Smurfs / The Big Year
- Oct. 30: The Smurfs / The Big Year
- Oct. 31: The Big Year
- Nov. 1: Fright Night
- Nov. 2: Fright Night
- Nov. 3: Warrior
- Nov. 4: Paranormal Activity
- Nov. 5: Spy Kids / Paranormal Activity
- Nov. 6: Spy Kids / Paranormal Activity
- Nov. 7: Warrior
- Nov. 8: Apollo 18
- Nov. 9: Apollo 18
- Nov. 10: Bucky Larson
- Nov. 11: In Time