

HEADQUARTERS, CAMP RED CLOUD, REPUBLIC OF KOREA

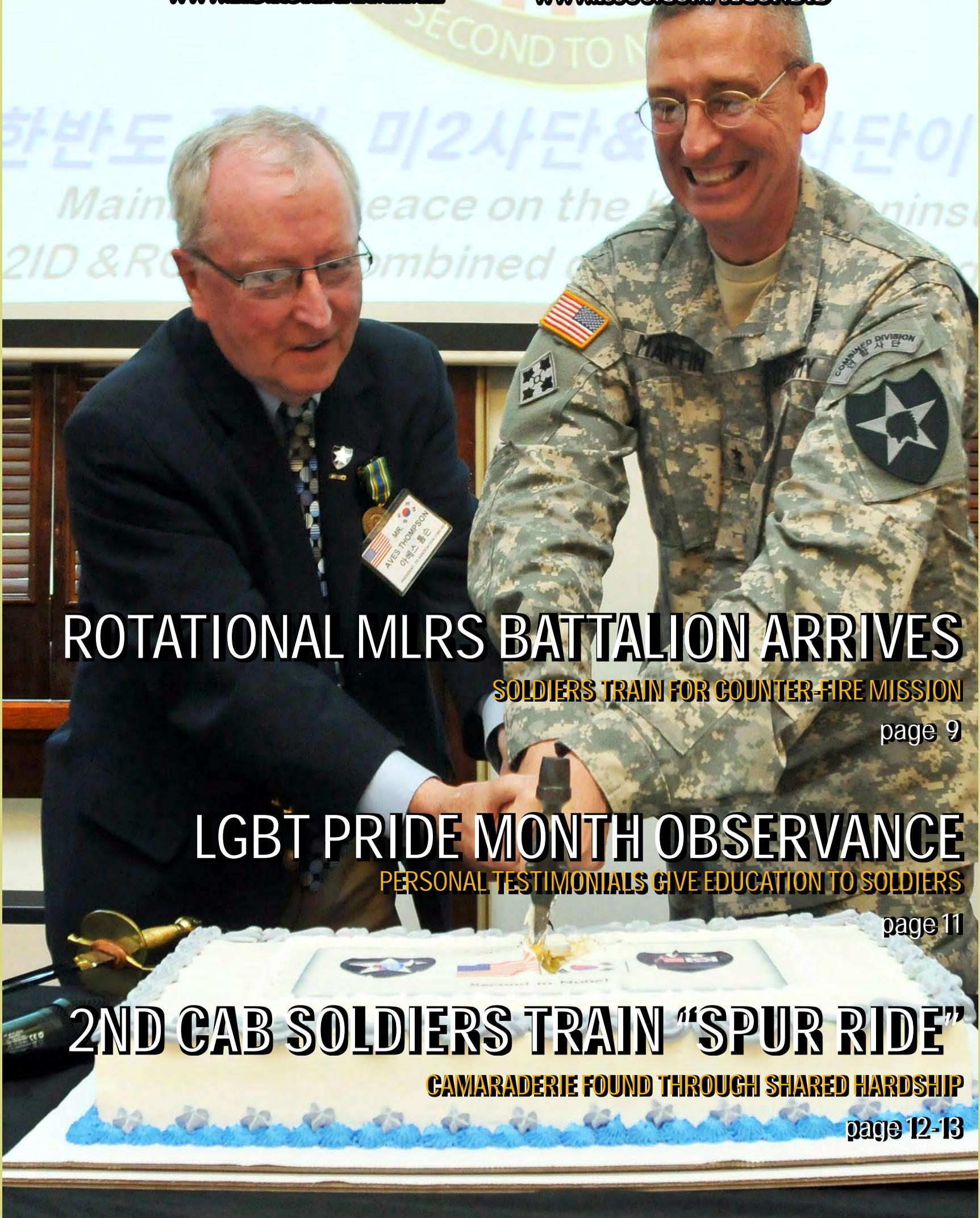


# INDIAN HEAD

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### INDIANHEAD

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Aves Thompson, the 2nd Infantry Division/ROK-US Combined Division Veterans Association President, recounts his experience during his time of service in Korea and shares them with his fellow veterans.



Col. Michael F. Pappal, 2nd Infantry Division Chief of Staff, places the Combined Division tab on Lt. Col. Kwon Gu-il, chief of civil affairs operations during a ROK-US Combined Division ceremony, on Village Green at Camp Red Cloud, South Korea, June 3.



Col. Matthew Eichburg, commander of the 1st Armored Brigade Combat Team, 2nd Inf. Div Combined, cases its colors during a transfer of authority ceremony at Indianhead Field, Camp Casey, South Korea, July 2.

Dear Veterans and Friends of the Second Indianhead Division Association,

As the Second Infantry Division commemorates fifty consecutive years of service on the Korean peninsula. I want to take this opportunity to thank you for your contributions and continuing support of the Division's important mission. During the past half-century, the Indianhead Division's contributions to peace and stability have had a lasting impact on the Republic of Korea and the region. Although this year is marked with change, one thing is certain: Our Soldiers, members of the nation's last permanently forward-deployed division, will continue to demonstrate our nation's resolve, commitment to our allies, and serve as a deterrent to those who stand in the way of freedom.

This year marks the establishment of the first ROK-US Combined Division. During the past six months the Second Infantry Division has integrated Officers from the Republic of Korea Army into the Division staff. On 3 June we marked the official Combined Division's official launch with a ceremony at Camp Red Cloud. The addition of our ROK counterparts increases the Division's interoperability and flexibility. The resulting organization serves as the core of the Ground Component Command on the Korean peninsula.

On 2 July the 1st Armored Brigade Combat Team will furl its colors and deactivate. Although this is a poignant occasion for those who have served in this great organization, the addition of rotational Regionally Aligned Forces will increase the overall readiness of the Division and the US Army. The 2nd Armored Brigade Combat Team, 1st Cavalry Division, the first of the rotational Brigades, arrived well trained and equipped to assume Iron Brigade's impor-

tant mission. The combination of the Combined Division and Rotationally Aligned Forces ensures that the Second Infantry Division will continue to be a stabilizing force on the Korean peninsula and throughout the region, as it has for the past fifty years.

The Republic of Korea, as we know it today, exists in part as a result of the efforts of those who served in this great organization. Since 1965, thousands of men and women wearing the Indianhead patch have safeguarded freedom and the development of a democracy here. I would like to thank each and every Warrior past and present for their personal contribution and sacrifice in this endeavor. I am honored to stand in your ranks.



Area 1 Republic of Korea Army Support Group commander Lt. Col. Lee, II Soo shakes hand with a veteran during the 2nd Inf. Div Combined 50th Anniversary ceremony on Village Green, Camp Red Cloud, South Korea, July 1. (U.S. Army Photos by Pak, Chin-U, 2nd Infantry Division/ROK-US Combined Division Public Affairs)



Spc. Richard Dadullas, a Honolulu, Hawaii native and an all-wheeled vehicle mechanic, with Headquarters Support Company, Headquarters and Headquarters Battalion, 2nd Infantry Division/ROK-US Combined Division slaps a ball to the outfield, during a Camp Red Cloud league softball game, Camp Red Cloud, South Korea, June 17. On the play, Dadullas safely reaches first base, to keep the inning alive for the HSC Workhorse. (U.S. Army Photo by Staff Sgt. John Mattias, 2nd Infantry Division/ROK-US Combined Division Public Affairs)

## INSIDE THE ARMY

# Army goal: Keep Chairman's Cup at DOD Warrior Games

STORY BY  
**C. DANIELA VESTAL**  
U.S. ARMY HUMAN RESOURCES COMMAND PUBLIC AFFAIRS

The Army has a firm grip on the Chairman's Cup it won last year at the Warrior Games and team members say they'll fend off challengers trying to wrest it away at this year's games on Marine Corps Base Quantico, Virginia, June 19 - 28.

The Army team has a high bar to clear this year, one they set themselves during last year's games, by earning 23 gold medals, 27 silver and 21 bronze. That was 17 more total medals than the Marines, who finished in second place with a total of 54.

Throughout the games, wounded, ill and injured service members and veterans from six teams - Army, Marine Corps, Air Force, Navy/Coast Guard, Special Operations Command and United Kingdom - will compete in track and field, shooting, swimming, cycling, archery, wheelchair basketball and sitting volleyball.

### ASSESSING TEAM'S POTENTIAL

On June 18, a day before the opening ceremony, team members provided insight into their chances of winning.

There's been a lot of discussion among team members about wanting a repeat of last year's performance, said Keoki Smythe, adaptive conditioning coach for Warrior Transition Command.

Smythe, who's been a coach and athlete during previous DOD Warrior Games, including last year's, has observed how this and past teams have progressed from forming to training to competing, so he's in a good position to assess their chances this year.

"Last year, the team came together mentally and performed well. This year, the team seems to be bonding a lot faster than in the last few years that I've been with the program, which is really nice," he said, indicating that the Army team has a pretty good shot at keeping the cup.

Smythe, with service dog, Bella, by his side, was reflective about the upcoming competition and team-building process, which began earlier this year at the regionals and Army trials and proceeding to training at three camps.

"It would be nice to win it, and we want that," he said, "but at the end of the day, it's all about the journey for these athletes and the things they overcome. It's been great watching them overcome adversity."

He said that all the military services put out great teams and believes all will perform well.

Ricardo Villalobos, a first-year contender, is competing in cycling, swimming, shotput and discus.

The Army team is very competitive, said Villalobos, who competed in swimming during high school.

"When we're training in the pool, we push ourselves against each other so we can become better. It's definitely been motivating," he said. Like Smythe, he too said he noticed that the team is bonding very well.

Villalobos said he was pleasantly surprised to find out that some of the team members lived just a few hours away from him in Winston-Salem, North Carolina. When they're not in training, he said he hangs out with them. That's the level of camaraderie they've all attained, he said.

Villalobos also has a service dog with him at all times. The Afghanistan veteran, who is coping with post-traumatic stress and a spinal cord injury, says when he's stressed, his canine companion keeps him calm. "I don't know what I'd do without her."

Nicholas Titman is competing in sitting volleyball, wheelchair basketball, cycling, swimming and track. For him too, it's his first year at the games.

"We're all hoping it happens again this year," he said, referring to the much-coveted Chairman's Cup. "We've been working together and training hard. We're one family."

Titman said the Army team has gotten a preview of some of the competition they're up against.

The Army Western Regional Command held its trials with the Air Force and United Kingdom teams earlier this year, he said. The Army team received some good insights into their abilities and in turn, they saw who they were up against.

During those trials, all three teams developed friendships and it was nice meeting them again here in Quantico, he said.

He added that the whole experience of training, bonding and building friendships has been terrific. "Winning will put the icing on the cake for everyone."

### SECRETS OF BONDING

Sydney Davis, who is another first-year competitor, is competing in shotput, discus, archery, air rifle, wheelchair basketball and sitting volleyball. She offered her insights into how the process of bonding works to form a winning team.

Winning is 50 percent physical and the rest mental, she believes, and much of the mental aspect deals with how the team bonds.

"The physical part, we know we can do that. We've had plenty of practice time," she said. "And the mental, we've got that down as well."

A major part of the bonding process, which she also calls "meshing," involves understanding the needs and desires of the other team members and keeping the lines of communications open with everyone.

For instance, she said some of the players are really introverted and others are extroverted.

The really introverted ones will opt out of discussions, she said. When that happens, the extroverts will try to pull them in, by saying something like, "Hey, I haven't heard you talk in a while. What's your opinion?"

"They don't want to talk at first," she continued, "but then they want to talk. They have great ideas too." That leads to strengthening bonds as well.

As for the extroverts, they are the dominant ones who always want to lead. "We pull those back" to give everyone a chance to participate, she said.

Davis characterized herself as somewhat between introvert and extroverts, so she said it's easy to notice when someone is extreme at either end.

Comprehensive Soldier and Family Fitness, or CSF2, has also been involved in the Army team-building process, she said. CSF2 holds frequent team building exercises, which Davis calls "fun games," like holding hands in a circle and trying to pass a hula hoop person to person around the circle without anyone breaking their handgrip. Of course, there are a lot of other games, she said.

Davis assesses this year's chances of winning as excellent. She thinks the Army will win the cup again because she's spoken to team members from last year's Army team, who are here again this year, and they've informed her that they've got another winning team, she said.

Also, Davis herself knows what it takes to be a champion. She competed in shotput and discus in high school for two years in Colorado and made it to state. This year, she learned archery, and within two months of learning, won the Virginia state championship. She resides at Fort Belvoir, Virginia, at the warrior transition unit there.

The Army team leaders "found me and asked if I want to participate after learning I'd won the state championship," she said.

She said she joined the Army in 2011 "straight out of high school." One of the things she liked about the Army was the high level of camaraderie, she said, just team Army at this year's games.

### OBSERVATIONS FROM LEADERSHIP

Defense Secretary Ash Carter spoke at the opening ceremony, June 19. "The Warrior Games --- you ... the participants in the [DOD] Warrior Games, you're the pinnacle of DoD adaptive sports programs --- activities that have helped our men and women heal together ... in mind, in body, and soul," he said.

Generations of warriors have served their nations when the most desperate call came: "Go to war," the defense secretary said. The [DOD] Warrior Games showcase their survival, he added. Carter noted that over the past year, more than 150,000 U.S. wounded warriors have participated in 28 sports camps and 51 clinics, among other activities.

"I have observed our extraordinary Army team and am convinced we are in it to win it," Col. Chris Toner, assistant surgeon for Warrior Care and Transition and commander of Warrior Transition Command said, prior to opening ceremony day.

Toner said he's inspired by all 40 of the athletes on the Army team. "They serve as role models of courage, character, and the Army Soldier spirit and they epitomize the Warrior Ethos, 'I Will Never Quit,'" he added.

Toner explained that the Army's adaptive conditioning program promotes an array of activities for recovering warriors to promote physical and emotional recovery, including archery, biking, cooking, yoga, aquatic exercises, human optimization, plus more. Adaptive conditioning programs at warrior transition units across the country embody spiritual, emotional, family, physical, social and career in line with the Soldier's Comprehensive Transition Plan.



U.S. Army active-duty and veteran athletes conduct cycling training for the 2015 Department Of Defense Warrior Games on Fort Belvoir, Virginia, June 13. (U.S. Army Photo by Pfc. Christopher Gaines)



Soldiers of 61st Support Maintenance Company and 520th Support Maintenance Company, 194th Combat Sustainment Support Battalion, 501st Sustainment Brigade, 19th Expeditionary Sustainment Command conduct technical inspections and repairs on night vision devices within 1st Armored Brigade Combat Team, 2nd Infantry Division May 7. (U.S. Army courtesy photo)

## MAINTENANCE REMAINS KEY TO MISSION READINESS

STORY BY  
SPC LAUREN WANDA  
1ST ABCT PUBLIC AFFAIRS

Everyday, Soldiers depend on their equipment and each other in order to remain mission ready. Extensive amounts of time go into training. However, without maintained and operable equipment, Soldiers cannot tackle their daily duties.

With the upcoming inactivation of the 1st Armored Brigade Combat Team, 2nd Infantry Division, equipment maintenance is especially valuable in preserving readiness in preparation for the arrival of the 2nd Brigade, 1st Cavalry Division, the rotational unit, from Fort Hood, Texas, taking over for 1st ABCT in July.

Soldiers from the 61st Support Maintenance Company and the 520th Support Maintenance Company, 194th Combat Sustainment Support Battalion, 501st Sustainment Brigade and 19th Expeditionary Sustainment Command, completed technical inspections of arms room equipment and weaponry throughout 1st ABCT, at Camps Casey and Hovey, South Korea, May 20.

With the inactivation of 1st ABCT, all equipment listed in the Korean Essential Equipment Set including: small arms, crew-served weapons and night vision devices, requires technical inspections and repairs prior to the arrival of 2nd Bde., 1st Cav. Div.

"Our capabilities, as the 501st Sust. Bde., allow us to support the inactivation of the 1st ABCT," said Chief Warrant Officer 3 Kenneth Sinker, senior ground maintenance technician, 501st Sust. Bde.

Technical inspections and repairs are conduct-

ed in order to maintain mission readiness and ensure equipment is operable and up to Army maintenance standards. Inspections allow units to evaluate the equipment on hand, identify deficiencies and complete necessary maintenance and repairs.

"Some of the weapons are being turned into the Material Support Center - Korea to be redistributed throughout the Army," said Sinker. "The KEES equipment that will be staying here are the crew-served weapons. When they technically inspect an entire arms room, they inspect the equipment being turned in and make on the spot repairs, so we can still maintain our mission to be ready to 'Fight Tonight' through inactivation."

The primary goal of this operation, which began March 6, is to ensure 1st ABCT maintains

readiness and is able to set the incoming rotational unit up for success.

"They inspect all the weapons and night-vision devices to make sure they are not dead-lined and meet the standards for the incoming unit," said Sinker.

In addition to the inactivation of 1st ABCT, the 501st Sust. Bde. will be realigning under the 2nd Inf. Div. later this year. The current technical inspection missions allow 501st Sust. Bde. to become acquainted with the Division and prepare for their own transformation, explained Sinker.

"This is one way for the 501st to build relationships within the 2nd Inf. Div., as well as show what kind of asset we are going to be once we realign under the Division this summer," said Sinker.



Brig. Gen. Stephen E. Farnen addresses following their successful completion of arms room technical inspections April 30. The inspections were conducted to ensure readiness of 1st Armored Brigade Combat Team, 2nd Infantry Division through inactivation and arrival of 2nd Brigade, 1st Cavalry Division. (U.S. Army courtesy photo)

## SERGEANT AUDIE MURPHY CLUB INDUCTEE



Maj. Gen. Theodore 'Ted' D. Martin, commanding general of the 2nd Infantry Division/ROK-US Combined Division, presents the Sergeant Audie Murphy medal to Sgt. Brian Moore, M1A2 tank gunner, Company C, 3rd Squadron, 8th Cavalry Regiment, 3rd Brigade Combat Team, 1st Cavalry Division. (U.S. Army Photo by Pak, Chin-U, 2nd Infantry Division/ROK-US Combined Division Public Affairs)

STORY BY  
SGT SAMUEL NORTHRUP  
1ST ABCT PUBLIC AFFAIRS

The Sergeant Audie Murphy Club is a private U.S. Army organization for noncommissioned officers. NCOs whose leadership achievements and performance merit special recognition may get a chance to earn membership. Members must exemplify leadership characterized by personal concern for the needs, training, development and welfare of Soldiers and their families.

Sgt. Brian Moore, M1A2 tank gunner, Company C, 3rd Squadron, 8th Cavalry Regiment, 3rd Brigade Combat Team, 1st Cavalry Division, earned his membership and was inducted into the SAMC, at Camp Red Cloud, South Korea, June 4.

"It is an opportunity to give back to the Army and local community," said Moore. "The SAMC does everything from helping Soldiers get out of the barracks through different local events, such as 5K runs, to helping out at soup kitchens in Uijeongbu."

Moore, who passed the SAMC board May 29, said the selection process was rigorous and required much preparation.

"It was a three-board process; I had to go through our battalion, brigade, then division," said Moore. "It was very difficult. The board members try to rattle you a lot to see if you can think on your feet and make good decisions quickly. Just waiting to go into the board was nerve-racking because of how far I had gotten and I did not want to fail."

According to Moore, once he started the last board, he was able to keep his composure despite

the difficult scenarios presented by the board members. The preparation and assistance he received before going to the boards, helped him remain poised.

"They were asking many questions I could not answer with just book answers; they wanted to know if I knew my limits," said Moore. "They wanted to know if I had the knowledge of how the Army policy and regulations work and how it applies to taking care of Soldiers in multiple scenarios."

Moore noted, he prepared for the boards by spending two to three hours a day reading regulations and policy letters and answering scenario-driven questions given by SAMC.

"A lot of what motivated me to join the Sergeant Audie Murphy Club is being able to set an example for and to take care of Soldiers," said Moore. "By being part of the club, I will be able to learn from people who have more experience in the Army and have been taking care of Soldiers a lot longer than I have."



Sgt. Brian Moore, M1A2 tank gunner, Company C, 3rd Squadron, 8th Cavalry Regiment, 3rd Brigade Combat Team, 1st Cavalry Division, was awarded the Sergeant Audie Murphy medal at Commanding General's Mess at Camp Red Cloud, South Korea, June 4. (U.S. Army Photo by Pak, Chin-U, 2nd Infantry Division/ROK-US Combined Division Public Affairs)

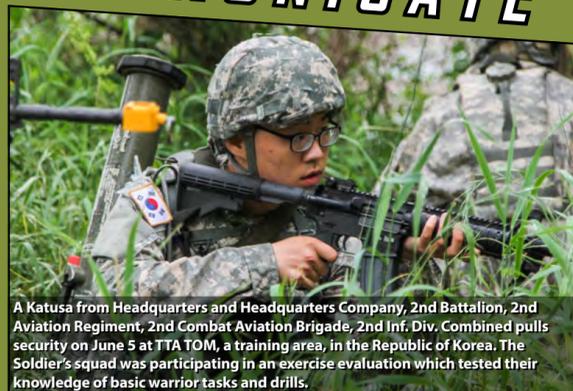


Soldiers from Headquarters and Headquarters Company, 2nd Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-US Combined Division load a UH-60 Black Hawk on June 5 at TTA TOM, a training area, in the Republic of Korea. The Soldiers completed a company squad exercise evaluation and were being transport back to their unit.

## SHOOT, MOVE, COMMUNICATE



Soldiers from Headquarters and Headquarters Company, 2nd Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, 2nd Inf. Div. Combined move to their first warrior skills training station June 4 at a training area near Anseong, South Korea.



A Katusa from Headquarters and Headquarters Company, 2nd Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, 2nd Inf. Div. Combined pulls security on June 5 at TTA TOM, a training area, in the Republic of Korea. The Soldier's squad was participating in an exercise evaluation which tested their knowledge of basic warrior tasks and drills.

**STORY AND PHOTOS BY  
SGT JESSE SMITH  
2ND CAB PUBLIC AFFAIRS**

It was dark outside and the air was thick in the Republic of Korea. The grass had grown as tall as the Soldiers standing in it, as they pushed forward through the trees and wildlife. "Contact, contact!" one of the Soldiers yelled. Immediately the squad dropped down and began suppressing fire. Directions were given by the squad leader, and the Soldiers reacted without hesitation. They bounded forward on line and in sync. Shots were fired and the enemy was put to rest.

Soldiers from the Headquarters and Headquarters Company, 2nd Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, participated in a squad-exercise evaluation June 4-5 at TTA TOM, a training area, in the ROK. The evaluation included events such as personnel recovery, weapons assembly, combat lifesaver, reacting to contact, and radio familiarization, to name a few.

Staff Sgt. Jonathan Brungerwood, career counselor, HHC, 2-2nd Avn. Regt., was the trainer for the react-to-contact portion of the exercise. Brungerwood said the Soldiers trained for the past four weeks culminating with this final evaluation. The Soldiers participating in the exercise ranged from privates to senior non-commissioned officers and each one took something different away from the training.

"I have been in the Army for 15 years and training has changed a lot since I enlisted in," Brungerwood said. "This is a good way for senior

leaders to brush up on the new tactics and techniques."

Sgt. Jonathan Gaddy, communications team chief, HHC, 2-2nd Avn. Regt., was another trainer during the exercise. The training included radio functions familiarization.

"These Soldiers will be evaluated on their ability to work the radios," Gaddy said. "They might need to use them to call up a MEDEVAC or send in reports."

Radio communications are an integral part of the 2nd CAB's capabilities and should be second nature to the Soldiers on the battlefield, according to Gaddy.

"These guys need to be able to shoot, move and communicate at a moment's notice," Gaddy said.

On the first day of the exercise, the Soldiers completed several warrior tasks and drills to prepare for the following day of combat-scenario lanes. The Soldiers were evaluated at the squad level on their ability to work as a team.

Spc. Justin Smith, aviation operations clerk, HHC, 2-2nd Avn. Regt., completed the squad exercise evaluation.

"Our team stuck together through it all," Smith said. "We showed that we know the drills and we can perform them as squad. Being here in Korea, our team has to be ready to 'Fight Tonight.'"

At the end of the second day, the teams were loaded into UH-60 Black Hawks and taken back to their unit. The evaluation was over, but the Soldiers will continue to train and always improve.

## FORWARD-DEPLOYED ARTILLERY BRIGADE CHANGES COMMAND IN KOREA



Maj. Gen. Theodore 'Ted' D. Martin, commanding general, for the 2nd Infantry Division/ROK-US Combined Division, passes the 210th Field Artillery Brigade's colors to Col. Christopher P. Taylor, the brigade commander, during the unit's change of command ceremony June 26, at Camp Casey, South Korea. The ceremonial tradition signifies the official transfer of command between the outgoing and incoming commander. (U.S. Army Photo by Pfc. Oh, Jae-woo, 210 FA BDE Public Affairs)

**STORY BY  
SGT BRANDON BEDNAREK  
210TH FA BDE PUBLIC AFFAIRS**

The storms of weather in Dongducheon were fitting for the 210th Field Artillery Brigade, 2nd Infantry Division/ROK-US Combined Division, who conducted a change of command ceremony June 26.

Originally slated for an outdoor venue, the traditional military ceremony was forced indoors due to inclement weather, providing a symbolic parallel to the brigade's unit motto, "Thunder."

The brigade's outgoing commander, Col. Michael J. Lawson, formally relinquished command to Col. Christopher P. Taylor after completing a two-year command of the U.S. Army's only field artillery brigade in Korea.

Prior to assuming command of the brigade in 2013, Lawson spent a fair amount of time with the Warrior Division here in Korea, having previously served as a battalion fire direction officer in 1994 and the division's chief of plans in 2003.

"Col. Lawson has left his mark on the officers and Soldiers of the 210th Field Artillery Brigade," said Maj. Gen. Theodore Martin, commanding general, 2nd Inf. Div.

"They are the largest, most-well-equipped, most physically fit, disciplined and most tactically proficient field artillery brigade in the U.S. Army," he said, contributing those accomplishments to Lawson's superior leadership as a commander.

The forward-deployed unit has been a fixture on the Peninsula for nearly a decade and provides the ROK-U.S. Alliance with critical counter-fire capabilities through its long-range Multiple Launch Rocket Systems.

Under his command, Lawson led the brigade through several command post and live-fire exercises alongside ROK army units that enhance the Alliance's interoperability.

"From [Third Republic of Korea Army] headquarters to the [Combined Joint Fires Element], we've had great opportunities to interact with our Korean leaders to learn, train and improve our understanding of the challenges of the mission," said Lawson.

It was through that shared understanding and partner capacity that the brigade was able to fulfill its commitment to the Korean people and maintain peace on the peninsula, he said.

Lawson and his family will soon depart Korea en route to his next assignment as the director of the Chairman's Office of Reintegration at the Pentagon in Washington D.C.

"There are so many people that have made our experiences here in Korea

so richly rewarding," said Lawson. "We'll always treasure these days in Korea knowing we helped make a difference in Soldiers' lives and showed that there is joy in the hardship of soldiering."

As for Taylor, a Killingworth, Connecticut native, the position as brigade commander offers another opportunity to once again excel under Martin's leadership. The two previously served together when Martin commanded the 1st Heavy Brigade Combat Team, 4th Infantry Division an Iraq from 2007 to 2009.

"Colonel Taylor and I go way back to Operation Iraqi Freedom '07-'09, where I had the pleasure of seeing this brave warrior in action on the battlefield of Southern Baghdad," said Martin.

Taylor's professionalism, sterling reputation and extensive combat experience in both Iraq and Afghanistan make him the ideal choice to lead the Army's most lethal field artillery brigade, said Martin.

"The diversity and talent of the Soldiers and leaders, combined with the mission, make this unit one-of-a-kind and we are privileged to be a part of it," said Taylor, who will be accompanied by his wife, Kirsten.

"It is an honor to once again be part of a team that has a history of answering our nation's call and is ready to do it again and fight tonight," said Taylor.



Maj. Gen. Theodore 'Ted' D. Martin, commanding general, for the 2nd Infantry Division / ROK-US Combined Division, praises Col. Michael J. Lawson, outgoing brigade commander, 210th Field Artillery Brigade, 2nd Inf. Div. Combined, right, for his dedication and leadership to the division June 26, prior to the brigade's change of command ceremony at Camp Casey, South Korea. Lawson, who was awarded the Legion of Merit, commanded the U.S. Army's only forward-deployed artillery brigade in Korea from June 2013 to June 2015. (U.S. Army Photo by Pfc. Oh, Jae-woo, 210 FA BDE Public Affairs)

# LEADERS COMPETE IN THUNDER CRUCIBLE

STORY AND PHOTOS BY  
PFC OH, JAE-WOO  
210TH FA BDE PUBLIC AFFAIRS

As part of the unit's annual Thunder Crucible competition, company and battery-level officers and noncommissioned officers from the 210th Field Artillery Brigade, 2nd Infantry Division, gathered under the morning dimness of Carey Field, Camp Casey, South Korea, on May 27-28.

Thunder Crucible pairs officers and their unit NCO counterparts, during a two-day event aimed at testing the basic soldiering knowledge of leaders.

"I created Thunder Crucible to push our young officers and NCOs in a two-day event focused on basic Soldier tasks so they can see, and achieve, a level of training and proficiency at basic tasks," said Col. Michael J. Lawson, brigade commander of 210th FA Bde., 2nd Inf. Div. Combined. "It allows them the opportunity to really bond together as a team, work more effectively as a team and really test themselves mentally, physically and emotionally."

A total of 12 challenges were designed to examine the teams' various abilities, including physical skills such as the Army Physical Fitness Test, an obstacle and relay course and a 10-kilometer foot march. The competition also included testing on weapons assembly and disassembly, calling for fire and vehicle recovery.

Knowledge of Korean culture, the brigade's Sexual Harassment/Assault Response and Prevention program and the 2nd Infantry Division history were also evaluated.

"The competition not only challenges leaders to push themselves, it also demonstrates to Soldiers their officers and NCOs lead them from the front and are able to perform all tasks they require from troops," said Maj. Jeremy F. Linney, the brigade operations officer.

"Not only will the Soldiers know their leaders are proficient in basic army skills, but there also is some pride and morale that comes when Soldiers see their leaders succeed in a difficult competition like Thunder Crucible," added Linney.

The team of Capt. Alexander Mullin, a battery commander and Sgt. Michael Maye, both assigned to 1st Battalion, 38th Field Artillery Regiment, 210th FA Bde., 2nd Inf. Div. Combined, won this year's competition.

As the Thunder Crucible's top team, Mullin and Maye were awarded the Army Commendation Medal and presented with commemorative knives by Lawson.

Through the leader-driven competition, Linney expects officer and NCOs who competed to use their skills and knowledge to prepare troops for any challenges they may face.

"At the end of the day, both leaders and their Soldiers will realize that the 'Fight Tonight' is not just a motto or greeting of the day; it is a mindset," said Linney. "It is what drives these Soldiers every day and how they should prepare themselves every night."

Competitors from the 210th Field Artillery Brigade, 2nd Infantry Division / ROK-US Combined Division, don their Mission-Oriented Protective Posture gear May 27 during the brigade's annual Thunder Crucible event at Camp Casey, South Korea.



First Lt. Samir Lakhdar, a Davie, Florida, native and artillery officer, and Sgt. Joshua Baeha a Columbiana, Ohio, native and automated tactical data systems specialist, both assigned to Company B, 6th Battalion, 37th Field Artillery Regiment, 210th Field Artillery Brigade, 2nd Infantry Division/ROK-US Combined Division, test their radio and communications knowledge during the Thunder Crucible May 27 at Camp Casey, South Korea.



# ROTATIONAL MLRS BATTALION ARRIVES IN KOREA



Soldiers from the 2nd Battalion, 20th Field Artillery Regiment, 1st Cavalry Division Artillery, deplane from a military chartered aircraft May 26, after arriving at Osan Air Force Base, South Korea. The "Deep Strike" battalion, based out of Fort Hood, Texas, represents Korea's first rotational Multiple Launch Rocket System battalion to arrive as part of the Army's force-wide reorganization of artillery brigades. Soldiers will serve a nine-month tour under command of the 210th Field Artillery Brigade, 2nd Infantry Division / ROK-US Combined Division, which is located at Camp Casey, approximately 11 miles south of the DMZ.

STORY AND PHOTOS BY  
SGT BRANDON BEDNAREK  
210TH FA BDE PUBLIC AFFAIRS

Approximately 300 Soldiers from 2nd Battalion, 20th Field Artillery Regiment, 1st Cavalry Division Artillery, 1st Cavalry Division, landed at Osan Air Force Base May 26, as part of the Army's restructuring of field artillery brigades.

The Multiple Launch Rocket System battalion, commanded by Lt. Col. Johnathan M. Velishka and based out of Fort Hood, Texas, is the first rotational artillery unit to arrive on the Peninsula and represents the military's ongoing commitment to the ROK-US Alliance, said Col. Michael J. Lawson, commander of 210th Field Artillery Brigade, 2nd Infantry Division.

"When they arrived, I had the opportunity to greet each Soldier as they came off the aircraft at Osan and it was very rewarding for me to see the excitement in their eyes," said Lawson. "The 'Deep Strike' Battalion is well-trained, superbly led and I'm very excited to have them in the brigade."

Announcement of the unit's nine-month rotation was approved by Secretary of Defense Ash Carter and made public in March through a Department of Defense news release.

While deployed to Korea, the battalion will be operationally controlled by the 210th FA Bde., whose strategic position in the Gyeonggi-do Province serves as a deterrent to North Korean aggression.

Although it remains passive in posture, the brigade is more than equipped to conduct counter-fire operations at a moment's notice from its current location just south of the DMZ.

"In less than 60 seconds, this brigade can launch more than 500 rockets back

at enemy artillery; utterly destroying that enemy's ability to fire long-range," said Maj. Jeremy F. Linney, the brigade's operations officer.

The brigade's primary method of fires is derived through employment of its MLRS launchers, which are specifically designed to defeat enemy artillery and air defense assets. The tracked vehicle is also capable of firing GPS-assisted rockets that are 13 feet in length and carry up to a 500-pound explosive payload, he said.

Arrival of the 2-20th FA Regt. not only increases the brigade's number of MLRS battalions from two to three, it also adds a dozen launchers to its inventory; allowing Lawson to impact a larger area more rapidly if necessary.

"The decision to bring a rotational MLRS unit over here to Korea is because of the importance of the counter-fire mission that the 210th FA Bde. provides for the Alliance in the Republic of Korea," said Linney. "The addition of another battalion greatly increases our flexibility and operational reach."

After months of extensive training at Fort Hood and the National Training Center, the battalion arrived to Korea fully trained and ready to "Fight Tonight". By combining their initial training with a real-world mission, Soldiers will have an opportunity to capitalize on an artillery experience that is truly "Second to None."

"One of the great things about being an artilleryman in Korea is we train every single day with one focus in mind, and that's to be the absolute best," said Linney.

Unlike artillerymen who may have deployed to Iraq or Afghanistan and performed base defense or convoy security, the brigade trains solely for its mission as experts in counter-fire, he said.

"At the Soldier level, I think the mission affords them the opportunity to do an operational deployment in support of the theater's strategic objectives," said Lawson. "It also affords them the opportunity to work with a foreign army, exercise their skill sets and improve themselves tremendously as a professional Soldier in the artillery."

In preparation for the influx of troops and equipment, the brigade spent nearly a year overseeing the consolidation of barracks and motor pools to accommodate space within its existing footprint. A newly renovated headquarters building was also established for the battalion to conduct day-to-day operations.

Additionally, the brigade will soon receive a second artillery battalion from the 1st Cavalry Division to replace the howitzer capabilities lost when the 1st Battalion, 15th Field Artillery Regiment inactivates on July 2nd with the 1st Armored Brigade Combat Team, 2nd Infantry Division.

When that transition occurs, the 2nd Brigade Combat Team, 1st Cav. Div. will backfill the armored brigade as a rotational asset and offer operational control of its 3rd Battalion, 16th Field Artillery Regiment to the 210th FA Bde., further increasing the unit's flexibility and firepower.

"Overall, the brigade is increasing its firepower and capabilities by adding another rotational MLRS battalion and the two additional howitzer units that will come in with 3-16," said Linney. "But more than just the systems, what we're really increasing is the wealth and depth of experience."



Lt. Col. Jonathan M. Velishka and Command Sgt. Maj. John K. Johnson, the command team for the 2nd Battalion, 20th Field Artillery Regiment, 1st Cavalry Division Artillery, unfurl their unit colors May 27, at the Carey Fitness Center on Camp Casey, South Korea. The battalion, based out of Fort Hood, Texas, will spend a nine-month rotation under the 210th Field Artillery Brigade, 2nd Infantry Division / ROK-US Combined Division.

# ARMY 240TH BIRTHDAY

STORY BY  
STAFF SGT JOHN MATTIAS  
2ID PUBLIC AFFAIRS

The 2nd Infantry Division/ROK-US Combined Division hosted an Army Streamer Ceremony to commemorate the Army's 240th birthday on the Village Green at Camp Red Cloud, South Korea, June 12.

June 14 marks the 240 years since the creation of the oldest U.S. Armed Service. The Army was established by the Continental Congress in 1775 and later became a military department of the U.S. federal government under the Constitution, enacted in 1789.

"Our nation formed the U.S. Army to defend liberty and the rights of every individual American 240 years ago," said Maj. Gen. Theodore "Ted" Martin, commanding general, 2nd Inf. Div. Combined. "Since then, the Army has answered our nation's call again and again, meeting our enemies with overwhelming force and the will to win anywhere, we are needed."

During the ceremony, Martin, and Division Command Sgt. Maj. Andrew J. Spano, command team for the 2nd Inf. Div. Combined, attached battle streamers to the U.S. Army flag, representing the courage and dedication of the U.S. Soldiers, to the nation in maintaining freedom and defending the Constitution.

"We all have stories of pride, sacrifice and service that we can tell one another as we reflect upon the proud heritage of this storied Division that has served our nation during the four wars since 1917," said Martin. "It's simply amazing to think that we wear the same patch as so many who have fought and died in defense of freedom and democracy and that we are all part of the unbreakable chain of Soldiers who came before us."

After the last streamer was attached, a KATUSA and the youngest and oldest Warrior Division Soldiers spoke about the significance of being a part of a 240-year old organization and the impact on the ROK-US Alliance.

"I want to congratulate the Army on their 240th birthday," said Sgt. Lee, Dong-hyun, a supply sergeant, 502nd Sustainment Battalion, 2nd Combat Aviation Brigade, 2nd Inf. Div. Combined. "The world's strongest organization has reached out to help a defenseless country and with its strong support for the past 60 years, Korea has grown stronger every year."

"Today we celebrate the competence, character and commitment of the Soldiers and civilians who make up our army," said Private Darnell

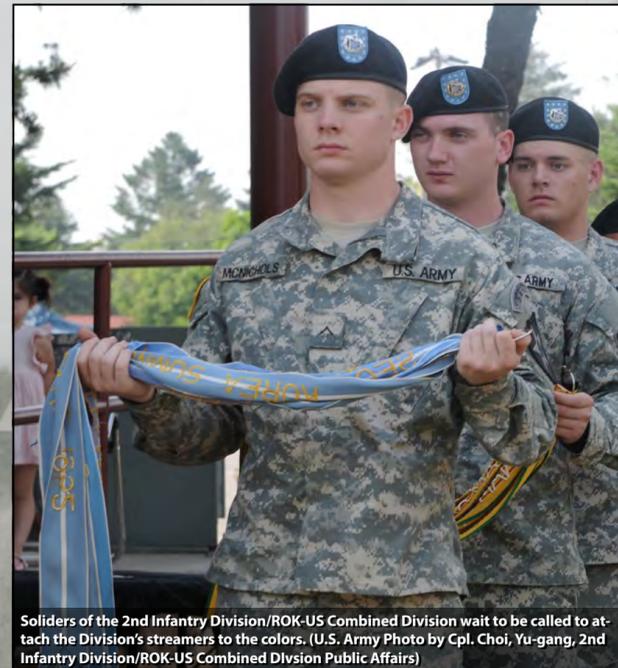
Davidson, field artillery firefinder radar operator, Company C, Headquarters and Headquarters Battalion, 2nd Inf. Div. Combined. "We can look at the past 240 years and recognize those that came from around the country to answer our nation's call and make it what it is today-the best army in the world."

"This is a great day to look back with pride to those who have nobly and honorably served a greater cause," said Maj. George Carlson, deputy chief of sustainment, Company B, HHBN, 2nd Inf. Div. Combined. "Even recently, many here today authored a new chapter in our illustrious history with the formation of the ROK-US Combined Division."

At the conclusion of the ceremony, the celebration continued by observing the oldest of traditions during cake-cutting at the CG's Mess, where the command team, the Warrior Division's youngest and oldest Soldiers and cooks from the 501st Sustainment Brigade cut the Army's birthday cake.



Maj. Gen. Theodore 'Ted' D. Martin, commanding general of the 2nd Infantry Division/ROK-US Combined Division and Command Sgt. Maj. Andrew J. Spano, senior enlisted leader of the 2nd Inf. Div. Combined Div. commemorate the Army's birthday at Commanding General's Mess. (U.S. Army Photo by Cpl. Choi, Yu-gang, 2nd Infantry Division/ROK-US Combined Division Public Affairs)



Soldiers of the 2nd Infantry Division/ROK-US Combined Division wait to be called to attach the Division's streamers to the colors. (U.S. Army Photo by Cpl. Choi, Yu-gang, 2nd Infantry Division/ROK-US Combined Division Public Affairs)



During the ceremony of celebrating Army 240th Birthday, soldiers are saluting to attendance by lowering the flags. (Photo by Cpl. Choi, Yu-gang, 2nd Infantry Division/ROK-US Combined Division Public Affairs)

# LGBT PRIDE MONTH OBSERVANCE



Second Lt. Phillip Tappan, the conductor of the 2nd Infantry Division Band, reads a proclamation on behalf of President Barack Obama during the Lesbian Gay Bisexual Transgender observance at Camp Red Cloud, South Korea, June 19. (U.S. Army Photo by Cpl. Choi, Yu-gang, 2nd Infantry Division/ROK-US Combined Division Public Affairs)

STORY BY  
PFC KIM, JIN HYEOK  
2ID PUBLIC AFFAIRS

The 2nd Infantry Division Band hosted a Lesbian, Gay, Bisexual, Transgender Pride Month observance at the pavilion, on Camp Red Cloud, South Korea, June 19.

Members of the 2nd Inf. Div. Band played live music and welcomed attendees as they made their way to the observance.

The master of ceremony, Spc. Ryan MacDonald, introduced 2nd Lt. Phillip Tappan, 2nd Inf. Div. Band conductor, as the guests filled their plates with barbecue and snacks, to read a proclamation on behalf of President Barack Obama.

The proclamation emphasized the importance of great diversity of American people and that the journey of eliminating prejudice would not complete until LGBT members are treated equally as anyone else under the law.

"June is LGBT Pride Month Observance," said Armstrong. "We asked some Soldiers to send some testimonials about how they have felt and experiences they have had working with Soldiers who are identified as part of LGBT community."

Following the proclamation, Sgt. Jordan Armstrong, an Indianapolis, Indiana, native and the Equal Opportunity leader of 2nd Inf. Div. Band, presented two testimonials received from Soldiers who worked with soldiers from LGBT community.

Effective June 8, 2015, discrimination cases based on sexual orientation will now be considered along with race, color, religion, sex or national origin as part of the Military EO program.

"It is important for us to educate our Soldiers," said Command Sgt. Maj. Ira Russey, senior enlisted leader, Headquarters and Headquarters Battalion, 2nd Inf. Div. Combined. "It is important for us to stand united and be one team, regardless of sexual orientation."



Soldiers from the 2nd Infantry Division Band play various songs during the observance. (U.S. Army Photo by Cpl. Choi, Yu-gang, 2nd Infantry Division/ROK-US Combined Division Public Affairs)



Soldiers stand in line to fill their plates with barbecue provided by the Commanding General's Mess. (U.S. Army Photo by Cpl. Choi, Yu-gang, 2nd Infantry Division/ROK-US Combined Division Public Affairs)

# Camaraderie Found Through Shared Hardship

STORY AND PHOTOS BY  
SGT **JESSE SMITH**  
2ND CAB PUBLIC AFFAIRS

The Soldiers stood up straight with their hands at their sides. Laid directly in front of them was a pit of sand and water covered by a camouflage net in which they had dragged water jugs and each other under. To their left was a fake horse stable where they had removed all of the dirt and to their right a fake cannon which they had positioned to combat a fake enemy. All of these objects were used as obstacles for the Soldiers. As they stood there with mud caked to their uniforms and their voices loud they yelled "Halfway down the trail to hell ..."

The Soldiers were from the 2nd Squadron, 6th Cavalry Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division, along with their Republic of Korea army counterparts. These US and ROK soldiers had just completed the physical training portion of a "Spur Ride," a U.S. cavalry tradition, on May 29 at Freedom Field on Camp Humphreys in the Republic of Korea.

"It is one of the oldest traditions in the Army," said Spc. Benjamin J. Shin, an aircraft powertrain repairer for the 2-6th Cavalry Regiment, 2nd CAB. "It allows us to prove to our unit what we are made of."

The "Spur Ride" consisted of several different events the Soldiers had to complete to include water drills, basic survival skills, weapon assembly, reacting to care under fire, vehicle recovery, physical training, an eight-mile ruck march, and setting up a forward ammo and refueling point.

"The most difficult event was definitely the ruck march," Shin said. "It was the very last obstacle and we were already drained."

Command Sgt. Maj. Gerardo Gonzalez, the senior enlisted leader for the 2-6th Cavalry Regiment, also completed the "Spur Ride."

"We completed a variety of tasks with a large dose of camaraderie through shared hardships," Gonzalez said. "The entire experience brought the unit closer together."

Gonzalez said he was in a cavalry unit when he was a junior enlisted Soldier, but when he became a non-commissioned officer he was never able to be a part of this longstanding tradition.

"It is a great feeling to finally be a part of the brotherhood of the spur," Gonzalez said. "This was a long time coming for me."

Being able to go through these events now with his Soldiers, Gonzalez said he was able to feel the same pain and failures they were feeling which made him feel closer to them. One of the more painful events for

Gonzalez's team was the water drills.

The water drills, which was run by Chief Warrant Officer 3 Stephen Mestas, the standardization instructor pilot and a spur holder with Troop C, 2-6th Cavalry Regiment, was a difficult event for untrained swimmers.

"All of the Soldiers did outstanding," Mestas said. "Regardless of their abilities, they came out and showed the teamwork that we wanted to see."

Mestas received his spurs back in 1999, and said that not much has changed in the "Spur Ride" tradition.

"When you came to a cavalry unit, this is what you wanted to do," Mestas said. "This was the next level, and after this you get to pass on your knowledge as a mentor."

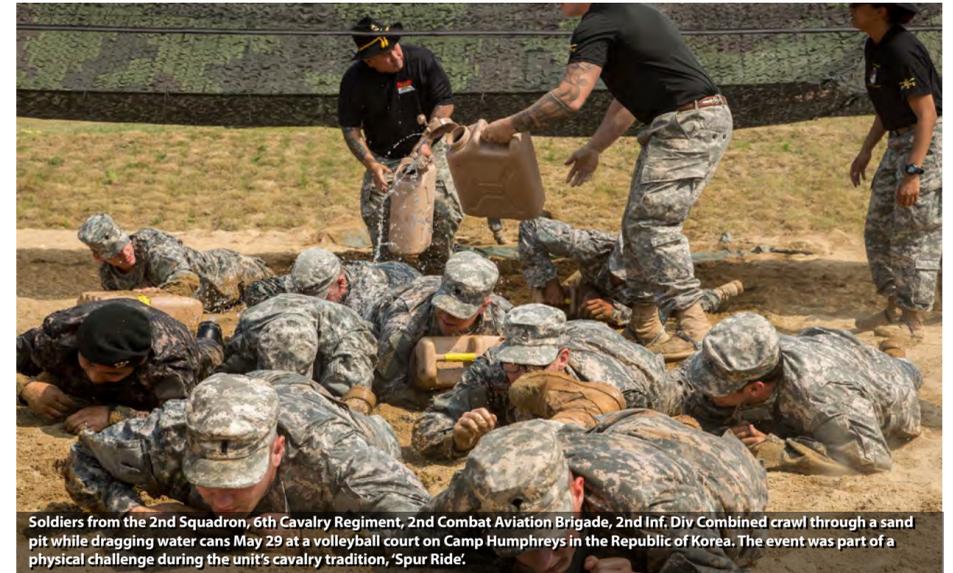
The U.S. and ROKA Soldiers finished the event with breakfast and the presentation of their spurs. Each team had to recite the cavalry poem from memory. They had been worn down and tired out, but every Soldier was as loud as a helicopter spinning its blades and ended with "... and go to Fiddler's Green!"



A Soldier from the 2nd Squadron, 6th Cavalry Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-US Combined Division, learns about a .50-caliber machine gun, at the CBRN range near Camp Humphreys, South Korea, May 29.



Soldiers from the 2nd Squadron, 6th Cavalry Regiment, 2nd Combat Aviation Brigade, 2nd Inf. Div Combined carry a truck tire as a team May 29 at a volleyball court on Camp Humphreys in the Republic of Korea. The tire carry was part of a physical challenge during the unit's cavalry tradition, 'Spur Ride'.



Soldiers from the 2nd Squadron, 6th Cavalry Regiment, 2nd Combat Aviation Brigade, 2nd Inf. Div Combined crawl through a sand pit while dragging water cans May 29 at a volleyball court on Camp Humphreys in the Republic of Korea. The event was part of a physical challenge during the unit's cavalry tradition, 'Spur Ride'.



A Soldier from the 2nd Squadron, 6th Cavalry Regiment, 2nd Combat Aviation Brigade, 2nd Inf. Div Combined, and a Republic of Korea army soldier start a fire as a portion of survival training at the CBRN range near, Camp Humphreys, South Korea, May 29.



A Soldier from the 2nd Squadron, 6th Cavalry Regiment, 2nd Combat Aviation Brigade, 2nd Inf. Div Combined, crawls through a wet sand pit with water jug, at Freedom Field on Camp Humphreys, South Korea, May 29.



Two Soldiers from the 2nd Squadron, 6th Cavalry Regiment, 2nd Combat Aviation Brigade, 2nd Inf. Div. Combined use teamwork to pull another Soldier on May 29 during a water survival challenge at the community pool on Camp Humphreys in the Republic of Korea. The event was one of many during the unit's cavalry tradition, 'Spur Ride'.

## Military Family & Civilian Trip to San Jeong Lake & Herb Island

Saturday, July 18, 8 a.m.-5 p.m.



Area I military families and civilians are encouraged to participate in this fun excursion. Enjoy lakeside scenery, restaurants, souvenir shops and boat rides, not to mention a mini amusement park for the kiddies. Non-school age children are permitted provided they are accompanied by parent or guardian at all times.

- Bring Korean won for lunch or bring your own
- Maximum of 40 participation required
- Sign up at your local Community Activity Center

**✓ Transportation Fee:**  
 • \$15 (11 & above)  
 • \$10 (10 & below)

**✓ Entry Fee:**  
 • \$6,000 (12 & above)  
 • \$4,000 (3 - 11)  
 • Free (Under 3)

**✓ Departure Times:**  
 • Camp Stanley CAC: 8 a.m.  
 • Camp Red Cloud CAC: 8:30 a.m.  
 • Camp Casey CAC: 9:15 a.m.  
 • Camp Hovey CAC: 9:30 a.m.

For more information, call 730-4602/6811.

**CRC BOSS** BBQ

call, 732-9246

Saturday, July 18 / 12 noon  
CRC Pavilion

"Come out and relax. Put the workweek behind you and enjoy an easy going BBQ with CRC BOSS. Food will be provided free of charge and a raffle will be held for all that attend."

Area I BOSS Presents... Sponsored by CRC BOSS

**COOKIN' NANI**

Area I BOSS Presents...  
Sponsored by Camp Casey/Hovey BOSS

**SAT, JULY 25**  
Call, 730-6188/4601

Eligibility: Single and Unaccompanied Soldiers/ KATUSA.

## 2ID SAFETY

### WARMING FOR THE FUTURE

As we enter into the hotter months of summer Leaders and Soldiers need to be prepared and mitigate the effects of the hot weather on our Soldiers while we are conducting tough realistic training. Heat can cause you to become inattentive, short-tempered, dizzy, and slow. All of these conditions can cause you to work in an unsafe manner. Hot conditions can be caused by the weather or by the work situation itself, such as a laundry-room or an intense training activity. When the atmosphere is humid, the effects of the heat are compounded.

Here are the warning signals of heat illness:

- **Heat Cramps.** Heat cramps affects muscles such as those in the arms, legs and abdomen – the muscles which have been used while working. These cramps may occur after work, when the person is resting. Heat cramps are a signal that the body has lost too much salt through sweating.
  - **Heat Exhaustion.** Heat exhaustion is a serious condition that needs immediate attention. It may have any or all of these symptoms: A feeling of exhaustion, nausea, dizziness, pale and clammy skin, quick pulse, and low blood pressure. Heat exhaustion is also a warning that the mechanism which controls heat for the body has become seriously overtaxed. Heat stroke may follow if heat exhaustion is not treated.
  - **Heat Stroke.** Heat stroke is a serious matter and it can be fatal. It occurs when the body's heat control mechanism simply shuts down. Perspiration stops and the body temperature rises. The heart pounds and the skin becomes flushed and hot. This condition is a medical emergency and must be treated immediately.
- How can you protect yourself and your Soldiers from the ill effects of heat stress?
- When the hot weather hits, expect everyone to be sluggish for a few days until they adjust. Get used to working in the heat gradually. Alter work routines to reduce heavy exertion in the heat of the day.
  - Take frequent rest breaks when working in hot conditions. These breaks can consist of moving to a cooler area or switching to lighter work for awhile.
  - Drink plenty of water and drink it often. Beverages such as coffee, cola, beer and energy drinks don't replenish the water in your system; they actually deplete it. Keep an emergency supply of water on hand for this and other emergencies.
  - Take it easy on yourself. Avoid strenuous activities in the heat of the day, especially if you are not accustomed to them. Schedule heavy work and fitness workouts for the cooler hours. If conducting strenuous activities such as foot marches, physical fitness workouts, consider having iced sheets on hand if a soldier becomes a heat injury. Quickly reducing the Soldiers core body temperature will assist in reducing

the extent of the injury.

- Take it easy on the power grid, too. Avoid unnecessary use of electricity while air conditioners are running. A power failure during a heat wave can result in more deaths.
  - Hot weather is especially hard on the young, the old and those in ill health. Keep young children as cool and comfortable as you can.
  - Dress lightly, in layers so that you can subtract or add clothing as the temperature changes. Be sure to shade the skin against the sun. Remind your workers frequently to protect themselves from sunburn by covering up with lightweight clothing and using sunscreen.
  - Watch each other for signs of heat illness. Mild cases can be treated by moving the person to a cool area and supplying water to drink. Heat stroke is a life-threatening condition which calls for immediate medical help.
- Every summer many areas undergo periods of seriously hot weather. Make sure you know how to avoid heat illness at work and off the job.



# TAKING A BITE OUT OF CYBER CRIME

STORY AND PHOTO BY  
SGT JESSE SMITH  
2ND CAB PUBLIC AFFAIRS

Social media in the military can be a daily struggle from operational security to keeping your personal information safe. There are many ways for you to fail when it comes to social media, but we have Soldiers in the Army who know what you need to combat hackers and keep your personal information safe.

Maj. Dave Richards, the signal communications officer for the 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-US Combined Division, knows exactly how you can protect your accounts and keep you from giving away tactical information.

"If you are going to have a social media account, why not have a MilBook," Richards said.

MilBook is a site you can access through Army Knowledge Online to connect with other military professionals. Richards said it is a much safer platform because it is secure and has a firewall for protection.

If you must have another social media account be sure to keep your username and password safe.

"The problem with randomly generated passwords is that people easily forget them," Richards said. "You should always be able to remember your password."

Your username and password should be like your weapon system, added Richards. You would never give it away.

On top of that, applications for social media sites can also be used by hackers to gain access to other accounts like your bank. Richards said to make sure

you know what your apps can do and to be cognizant of which ones you use. Hackers can access your accounts by uploading malware into your computer through emails, so be sure to use caution when opening them.

Another reason social media can be dangerous is because of operational security. You never know who is looking at your profile, so avoid giving out tactical information like movement times and locations, he said.

"Just like safety is everyone's responsibility, OPSEC is everyone's responsibility," Richards said.



Pfc. Chung Il Kim, a KATUSA with the 2nd Combat Aviation Brigade 2nd Infantry Division/ROK-US Combined Division, makes sure to create a strong username and password in order to protect his information online.

## HEALTH CORNER

### ARMY MEDICINE MUST BE PROTECTED FROM SEQUESTRATION

STORY BY  
LISA FERDINANDO  
ARNEWS

Sequestration would force "devastating reductions" on Army Medicine personnel and have dramatic impacts on medical readiness and capabilities, the Army's surgeon general told Congress, April 14.

The funding caps imposed by the 2011 Budget Control Act, also known as sequestration, would have a "significant, detrimental impact on our patients, our Families, and our medical team," Lt. Gen. Patricia D. Horoho said.

"Service members go into battle confident because Army Medicine, in concert with our sister services, goes with them," she told a House Appropriations Committee budget hearing on the defense health program.

"For the past 13 years, when wounded Service members on the battlefield heard the rotors of a Medevac helicopter, they believed they were going to survive," she said. "We must protect that system that gave them that confidence."

#### DRASTIC CUTS WOULD IMPACT EVERY PROGRAM

Sequestration would force the Army Medical Command to close in-patient and ambulatory surgical centers at a number of military treatment facilities, she said. That would jeopardize the Army's ready and deployable medical force.

"Devastating reductions to both civilian personnel and military end strength would impact every Army Medicine program," she said.

Army Medicine is still trying to fill vacant positions for highly skilled employees, two years after the furloughs and hiring freeze of 2013, she said.

"Reductions driven by sequestration would be devastating and very different than our current right-sizing to correctly align our medical capabilities," Horoho said.

The Army surgeon general made similar warnings about sequestration at a hearing last month to the Senate Appropriations subcommittee on defense.

#### THREAT TO READINESS

In her remarks, Horoho said the Army is a national leader in its programs for medicine, dentistry, research, education, training and public health. Viewing Army Medicine through the lens of a civilian health care system would be the wrong approach, she said.

"An ever-changing security environment demands that Army Medicine vigilantly maintains a medically ready force and a ready medical force," she said.

The Army's medical programs are linked to Soldiers and deployment readiness; Army hospitals are the health readiness platforms. That link to readiness sets Army

medicine apart from the civilian health care system.

"Army Medicine provided the majority of the operational medicine and combat casualty care in Iraq and Afghanistan that led to 91 percent survivability rate for our wounded Service members," she said.

"Any radical departure from our combat-tested system would degrade readiness in an environment where the next deployment could be tomorrow," Horoho said.

#### ARMY MEDICINE ACCOMPLISHMENTS

Horoho began the hearing by paying tribute to "America's sons and daughters who are in harm's way."

"Over 141,000 Soldiers are deployed or forward stationed. Army Medicine has nearly 2,500 civilians and Soldiers deployed around the globe," she said.

She noted a year of "unprecedented challenges and accomplishments" for Army Medicine, including training every Soldier who deployed to West Africa for efforts to contain the Ebola outbreak.

Medical research teams from the Army Medical Research and Materiel Command were an important part of the effort, working with interagency partners on the ground in Liberia and developing "ground-breaking vaccines," she said.

In addition, the surgeon general said health readiness has been enhanced with the Performance Triad program that stresses good nutrition, proper sleep and exercise.

"Our Soldiers' health readiness remains our number-one priority. We added combat power back to the force by reducing the number of Soldiers who are non-available due to health reasons," she said.



Army medics take part in training at the Mountain Medic Course on Fort Drum, N.Y., Dec. 9. The course gave medics an opportunity to hone their skills, while introducing them to the latest medical procedures and technologies. (U.S. Army Photo by Melody Eversly, Fort Drum Public Affairs)

## DIRTY JOBS

STORY AND PHOTO BY  
**PFC KIM, CHUNG IL**  
2ND CAB PUBLIC AFFAIRS

There's an old saying: "an apple a day keeps the doctor away." However, if the doctor is as entertaining and friendly as Maj. Roger Williams, a flight surgeon from the 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-US Combined Division, you might skip an apple or two.

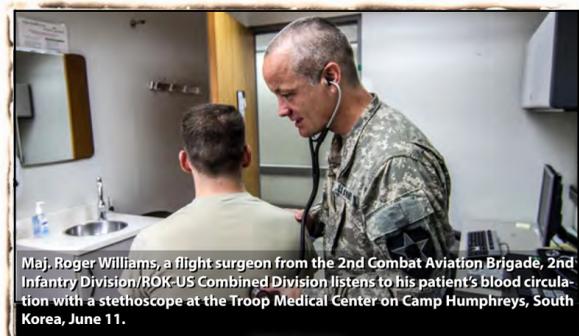
Williams is responsible for approximately 2,000 Soldiers and dependents here on Camp Humphreys.

"I evaluate acute illnesses and skeletal problems that involve the knee and shoulder, and I refer patients to another surgeon in the case of a serious injury," said Williams. He treats all forms of illness and injuries ranging from viral illness among Soldiers and dependents to severe physical damage during a mission.

After starting his Army career as an enlisted Soldier for eight years, he decided to attend Augusta State University where he earned a Bachelor of Science in pre-med chemistry. He then completed medical school at Medical College of Georgia and worked at Womack Army Medical Center, Fort Bragg, North Carolina, for residency training. When he returned to the Army, he became a flight surgeon.

As a flight surgeon, Williams performs first aid on injured Soldiers, evaluates a pilot's fitness to fly, monitors a flight crew's physical, mental and emotional health and reviews any medical care aviation personnel receive from other providers.

His job has taken him to places such as Afghanistan and Korea on deployments and overseas tours. Some of the biggest challenges as a flight surgeon are communications and limited resources while treating both servicemembers and civilians.



Maj. Roger Williams, a flight surgeon from the 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-US Combined Division listens to his patient's blood circulation with a stethoscope at the Troop Medical Center on Camp Humphreys, South Korea, June 11.

Flight Surgeon

"When a patient cannot describe his symptoms, lots of trial and error and guessing are needed," said Williams. "Limited resources were another problem."

While he would welcome the patients wholeheartedly, he would have to send them back once the treatment was done due to limited doctors, aid-kits and time.

"Although helping patients who suffer cuts, gunshot wounds, burns or asthma is rewarding, the most rewarding experiences came from small things," said Williams. "Giving out a toothbrush and toothpaste to Soldiers and civilians in Afghanistan was one of the most rewarding experiences. The dissatisfaction of losing teeth is as strong as having a heart problem."

Dolores Polaski, a registered nurse at the Troop Medical Center on camp Humphreys, who works with Williams said, "Last year, Doc. Williams voluntarily provided medical care to boy scouts in Korea on the weekend."

Polaski said he tries to be a genuinely good man who inspires, reaches out, and makes the people around him happy.

Ellen Krostog, another registered nurse who worked with Williams for the past 10 months at the TMC said, "Whenever a provider is unavailable at the TMC, Doc. Williams takes the job no matter what."

# My Korea, My Life

A brief insight into Soldiers, civilians and Family members in Warrior Country

STORY AND PHOTO BY  
**PFC OH, JAE-WOO**  
210TH FA BDE PUBLIC AFFAIRS

South Korea can be a mysterious and unfamiliar country for many newly-assigned US Soldiers stationed on the Peninsula. However, one young Soldier took her uncertainty and used it to embark on a year of new life experiences.

For Pfc. Savannah Barbero, a field artillery surveyor and metrological crewmember assigned to Headquarters and Headquarters Battery, 1st Battalion, 38th Field Artillery Battalion, 210th Field Artillery Brigade, 2nd Infantry Division, ROK-US Combined Division, the past six months have been a chance to embrace the Korean culture and lifestyle.

"When I first came to Korea it was winter. So, my first impression was the dry, cold weather," said Barbero, a Eureka, California native. "But during my service here, my thoughts had changed. When I took a chance to go out to new places, meet different people and hang out with KATUSA Soldiers, I learned to personally love this country."

During her travels to different cities, Barbero discovered several differences between the Korean and American cultures, including architecture and dining.

In fact, one of the things that impressed her most about the country was its tightly arranged buildings and compact population, which appeared opposite of the more spaciouly built homes in the U.S., she said.

"So far I have been to towns such as Gunsan, Seoul, Itaewon, and Incheon," said Barbero. "I personally loved Incheon because they had so many beautiful buildings, lovely streets, and intercultural restaurants which I enjoyed so much."

By interacting with Korean citizens, she quickly learned people here are very respectful and complimentary to one another; something she said is one

of the country's best qualities.

"Korea has taught me how being open minded is important," said Barbero. "Being able to interact with friendly and polite people from other nations made me feel safe to stay in Korea during my service here."

As a country with so much to offer, Soldiers stationed in Korea should try to explore, travel and immerse themselves in the culture, she added.

"Korea will be a great place to work if you keep an open mind," she said. "This is an opportunity to feel happy that you are somewhere new that you can explore."



Pfc. Savannah Barbero, a Eureka, California native and field artillery surveyor and metrological crewmember assigned to Headquarters and Headquarters Battery, 1st Battalion, 38th Field Artillery Battalion, 210th Field Artillery Brigade, 2nd Infantry Division, performs daily duties inside her section's office June 9 at Camp Casey, South Korea.

## WARRIOR NEWS BRIEFS

### SHARP:

The Sexual Harassment Assault and Response Prevention Program reinforces the Army's commitment to eliminate incidents of sexual assaults through a comprehensive policy that centers on awareness and prevention, training and education, victim advocacy, response, reporting, and accountability. The Army's Policy promotes sensitive care and confidential reporting for victims of sexual assault and accountability for those who commit these crimes. 2ID: The Hotline is available 24/7 call DSN 158 or from any phone, 0503-363-5700 USFK 24/7 Sexual Assault Response Hotline DSN: 158 Commercial: 0503-363-5700, from US: 011-82-53-470-5700 For more information, DoD Safe Helpline: 1-877-995-5247/ visit:www.safehelpline.org

### MILITARY SEPARATION:

Initiating Separation Proceedings and Prohibiting Overseas Assignment for Soldiers Convicted of Sex Offenses (Army Directive 2013-21) Commanders will initiate the administrative separation of any Soldier convicted of a sex offense, whose conviction did not result in a punitive discharge or dismissal. This applies to all personnel currently in the Army, regardless of when the conviction for a sex offense occurred and regardless of component of membership and current status in that component. For more information, visit [http://armypubs.army.mil/epubs/pdf/ad2012\\_24.pdf](http://armypubs.army.mil/epubs/pdf/ad2012_24.pdf)

### 2ID EQUAL OPPORTUNITY:

EO is looking for talented individuals who would like to participate in future special observances. Whether you sing, dance, or write poetry, come out and share your talents in an effort to increase cross-cultural awareness. Contact Master Sgt. Charlie Carrasco at 732-6549.

### FAMILY BENEFITS:

Extending benefits to same-sex Spouses of Soldiers (Army Directive 2013-24) The Army will treat all married couple Soldiers equally. The Army will recognize all marriages that are valid in the location the ceremony took place and will work to make the same benefit available to all spouses, regardless of whether they are in same-sex or opposite-sex marriages. For more information, visit [http://armypubs.army.mil/epubs/pdf/ad2013\\_17.pdf](http://armypubs.army.mil/epubs/pdf/ad2013_17.pdf)

### LEGAL UPDATE:

The Judge Advocate General is responsible for assigning a Division Level Special Victim Advocate Counselor. The counselor provides legal advice and representation to victims of sexual assault throughout the military justice process. The Hotline is available 24/7. Call: DSN 158 or from any phone, 0503-364-5700.

### AMERICAN RED CROSS:

The American Red Cross Emergency Communications Center is available to help 7 days a week, 24 hours a day, 365 days a year. When calling the Red Cross, be prepared to provide as much of the following information about the service member as is known: Full legal name, Rank/rating, Branch of service (Army, Navy, Air Force, Marines, Coast Guard), Social Security number, Date of birth, Military unit address, Information about the deployed unit and home base unit (for deployed service members only). The American Red Cross also offers classes from lifeguarding to babysitting to first aid, CPR/AED training, learn lifesaving and caregiving skills from experts. For more information: Call (877)-272-7337 (toll-free)/ Casey Red Cross: 05033-30-3184 (730-3184) Camp Red Cloud Red Cross: 05033-32-6160 (732-6160)

## WARRIOR JUSTICE

### 2nd INFANTRY DIVISION SOLDIER MISCONDUCT

The CG gave a CW2 a reprimand for fraternizing with a non-commissioned officer, drunk and disorderly conduct, and assaulting a field grade officer. In February, the CW2 hosted the NCO in his room and later they drank excessively at a bar in the Casey Ville. After leaving the bar, the CW2 was drunk and belligerent, and instigated a fistfight with a field grade officer. On 22 June 2015, the CG filed the reprimand in the CW2's local file. The CW2 previously received a General Officer Article 15 for the same event and was found guilty of fraternization and drunk and disorderly conduct, receiving restriction and forfeiture of pay.

The CG issued a 1LT from 1ABCT an administrative General Officer Memorandum of Reprimand (GOMOR) for drunk and disorderly conduct off-post and willful damage to the personal property of a Korean National. The CG filed the

### CAMP CASEY/HOVEY BOSS

**SATURDAY, JULY 18**

ADMISSION: \$10,000  
TRANSPORTATION: \$20  
DEPARTURE TIME & LOCATION:  
» Camp Hovey CAC: 6:30 a.m.  
» Camp Casey CAC: 6:45 a.m.  
» Camp Stanley: 7:20 a.m.  
» Camp Red Cloud: 8 a.m.

For more information, call 730-6188/4601.

### CAMP STANLEY BOSS

**SATURDAY, JULY 25**

ADMISSION: \$10,000  
DEPARTURE TIME & LOCATION:  
» Camp Hovey CAC: 6 a.m.  
» Camp Casey CAC: 6:30 a.m.  
» Camp Red Cloud: 7:30 a.m.  
» Camp Stanley: 8 a.m.  
» Depart Mud Festival: 7 p.m.

For more information, call 732-5464.

Single/Unaccompanied and KATUSA, civilians, and DOD employees. Please bring Korean Won for purchases.

732-9246

**Woongjin Play City Water Park**

**Saturday, July 25** ENTRANCE FEE: **\$40,000**

Departure Times:  
» Hovey CAC - 7:30 a.m. » Casey CAC - 7:45 a.m.  
» CRC CAC - 8:30 a.m. » Stanley CAC - 9 a.m.

BOSS events are strictly limited to Single and Unaccompanied Military personnel and KATUSA only.

GOMOR in the 1LT's local personnel file.

The CG issued a SGT from 210FA BDE an administrative General Officer Memorandum of Reprimand (GOMOR) for driving under the influence of alcohol. The CG filed the GOMOR in the SGT's Official Military Personnel File (OMPF).

The CG issued a CW2 from 2CAB an administrative General Officer Memorandum of Reprimand (GOMOR) for not being clean shaven, in violation of both 2ID and 8A standards. The CG filed the GOMOR in the CW2's local personnel file.

The CG issued a 1SG from 1ABCT an administrative General Officer Memorandum of Reprimand (GOMOR) for engaging in an inappropriate relationship with a Soldier junior in rank to him that was in his company. The CG filed the GOMOR in the 1SG's Official Military Personnel File (OMPF).

The CG issued a 1SG from 1ABCT an administrative General Officer Memorandum of Reprimand (GOMOR) for driving under the influence of alcohol. The CG filed the GOMOR in the 1SG's Official Military Personnel File (OMPF).