



# **Military Family Life Counselors (MFLCs)**

**For 2ID/RUCD Soldiers & Families at Camp Humphreys**

- MFLCs are Master's Degree level counselors that provide free, confidential counseling separate from services offered in Behavioral Health clinics.
- They provide solution-focused counseling and can meet you in a variety of locations. There are no medical records associated with seeing an MFLC and it is completely confidential. Contact them directly to arrange a session.
- *Limitations:* any domestic violence, suicidal thinking or homicidal thinking is outside their scope of practice and must be addressed through Behavioral Health.

## **Camp Humphreys (any unit)**

010-8693-9926

010-9625-5530

## **Rotational ABCT (2/1ID)**

010-9742-1032

## **2ID HHBN & SBDE**

010-9624-0886

## **2CAB**

010-3270-6917